

Number 18: 18 November 2020

COMMUNITY NEWS - click to open Community News

Excursions – click for more information

Click *here* to view our Calendar

PRINCIPAL NEWS

Dear Families,

2020 NAIDOC week, Always Was, Always Will Be, was embraced by the school community and celebrated at our assembly on Friday. Children shared poetry, facts and artwork in response to their connections to country and learning at nature play. Nicole Smith, our school's Aboriginal Education Worker, welcomed us in palawa kani and shared video footage of the song liyini milaythina rrala (Singing Country Strong) featuring local musician Jodie Haines. I encourage everyone to take a few minutes to enjoy this visual and musical delight <https://www.youtube.com/watch?v=6cBvpm2F8ZA>



Last week we also spent time reflecting on the meaning of **Remembrance Day** and commemorated the event as a whole school with a minute's silence and the last post being observed at 11am. Four students laid wreaths at the Tarooma and Kingston Beach services on behalf of our school community. Thank you to Alanna Carne, Jacqui Rogers, Daniel, Essie, Addison and Henry for participating in the services.



Congratulations to our **Interschool athletes** who were successful at Monday's carnival, bringing home many ribbons as well as first place. A huge thank you to Kylie Broadbent for supporting the students in training for this event and to Kylie and Hilary Purdie for accompanying

the team on Monday. Every student did their best despite the varied weather conditions that confronted them throughout the day!

National Skin Cancer Action Week (15-21 November, 2020) Did you know that more than 95% of skin cancer cases are caused by unprotected exposure to UV radiation from the sun, meaning it is a nearly entirely preventable cancer?

As a sun safe school, all TPS students are required to wear a school hat during the warmer months, from 1 September - 30 April. With the recent increase in temperatures and UV index ratings, children are also encouraged to apply sunscreen before coming to school, and re-apply as necessary throughout the school day. Children may choose to bring their own sunscreen from home or use school supplies.

End of year reporting Teachers are in the process of finalising assessments and moderating work in preparation for our end of year reporting to parents. Reports will be sent home on the last Friday of Term 4, 9th December 2020.

Best wishes

Danielle Bresnehan

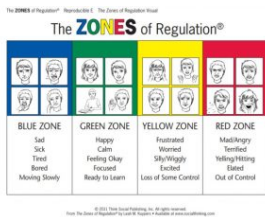
Principal

Taroona Awards

Congratulations to the following students who received an award at our last Assembly.

- **Creativity** - Luka H, Tilo B, Leo J, Sienna F & Charlie J
- **Respect** - Maxine T, Luca D, Ewan S, Alec S, Meg S, Beatrix V.G & Harry D.L.M
- **Resilience** - Riley S & Thomas W
- **Collaboration** - Sam S, Charlie M, Isaac R & Miles B
- **Excellence** - Ethan B, Annabella C, Georgie C, Jasper M, Louie C, Hamish O & An T
- **All 5** - Immy L, Elsa G, Charlie C, Henry N & Molly O

Zones of Regulation & Social Thinking



In our previous newsletter we provided information about social thinking and its connection to the Zones of Regulation. This week's post focuses on **Making and Keeping Friends**, a topic that comes up regularly in the primary school setting for many of our learners.

Making and keeping friends is something that most of us take for granted, in much the same way we take for granted our ability to learn to talk and walk, be part of a classroom discussion, write our name or stand in line. When children don't intuitively learn to develop friendships on their own, we support them to learn about all aspects of friendships, including that friendships must be mutual, they change over time, and even when nurtured, friendships may not be stable and long-lasting.

Michelle Garcia Winner and Pamela Crooke, provide the following *10 Truths and Tips for Making and Keeping Friends* to assist parents, care givers and professionals in supporting children to learn about all aspects of friendships.

- **Friendship is a relationship** - To relate successfully people need to feel comfortable together.
- **The biggest compliment we give each other is our attention** - Paying attention to something that is not always fascinating to us is the compromise we make to keep the relationship developing.
- **Friendship involves communication: verbal and non-verbal** - We use our eyes to continue to show people we are thinking about them or what they're doing, we use our bodies to indicate we are sticking with that person, and we use our language to relate or to find new topics about which someone might want to relate.
- **Friendships are mutual** - Friendships require active perspective taking and compromise e.g. when accepting defeat when your friend wins, when sharing boredom together, or when focusing mostly on what your friend needs in that moment.
- **Friendships require significant flexibility and problem solving** - Friendships evolve as we work out how to stick together through good and rough times. Friendships involve trust, knowing who to tell what information and learning to apologize.

- **Friendships can be stressful, unpredictable, and sometimes confusing** - Friendships hopefully bring us many positive experiences and feelings; however, friendships can also be hurtful, stressful, and confusing. Learning to manage one's anxiety, stress, and emotional negativity is also part of friendship management.
- **Friendships end** - Friendships are usually not for life. Friendships often fade out and some crash and burn.
- **Making new friends is worth the work** - No matter what stage and age in our childhoods or lives, we can continue to make new friends. It takes work to make a friend, starting with initiating your interest in that other person, making them feel special by giving them your attention, connecting around things that are interesting to both of you, and being flexible and patient when things aren't always comfortable or easy.
- **Friendships are complicated** - When people say they don't want a friend, they often are saying this because they feel defeated by the complexities involved in making and keeping a friend. Helping them understand that they can continue to learn specific social emotional competencies, as well as manage their social anxieties, is important.
- **Memories of past social rejection may make it hard for us to want to make new friends** - Rather than remembering how friendships went bad, focus on the ability to do things differently now and in the future. A positive mindset goes a long way toward developing new relationships, which eventually become positive memories in our lives.

For more information and resources go to <https://www.socialthinking.com>

e-Safety: Parental Controls

Figuring out what kind of parental control is best is entirely based on your own family's needs. Some families can get by with simple, free browser settings to filter inappropriate content. Some families need help clamping down on screen time. Some folks are cool with spot-checks on their kids' devices. This guide can help you make sense of the options for managing

Parenting, Media, and Everything In Between

Parents' Ultimate Guide to Parental Controls

Do you need parental controls? What are the options? Do they really work? Here's everything you need to know about the wide array of parental control solutions, from OS settings to monitoring apps to network hardware.

By [Caroline Knorr](#) 6/8/2020

Topics: [Cellphone Parenting](#), [Privacy and Internet Safety](#), [Social Media](#)

[Ver en español](#)

Even if you've talked to your kids about [screen-time limits](#) and [responsible online behavior](#), it's still really tough to manage what they do when you're not there (and even when you are). Parental controls can support you in [your efforts to keep your kids' internet experiences safe, fun, and productive](#). They work best when used openly and honestly in partnership with your kids -- not as a [stealth spying method](#).



your family's devices.

<https://www.common sense media.org/blog/parents-ultimate-guide-to-parental-controls>

CLASSROOM NEWS

Prep Pullen

Please click on the image below for further information.



5-6 Gregson

Please click on the image below for further information.



LAUNCHING INTO LEARNING - Super LiL Term 4

Families are encouraged to come along and join in the fun with special sessions scheduled in Term 4. Click on the flier for full details!



TPSA NEWS

Please find below links to documents from the most recent TPSA Meetings

[TPSA Draft Meeting Minutes 031120](#)

[Principal Report TPSA Meeting 3 November 2020](#)

[TPSA Diagram Final](#)

[TPSA Meeting Processes FINAL](#)

Please send all enquiries / correspondence to TPSAenquiry@gmail.com

UNIFORM SHOP NEWS

Good News! After months of delay, our **Size 10 and 12 Short Sleeve polo tops** are back in stock. Orders can be made via QKR or in person at the Uniform Shop

(Thursdays 2:45pm – 3:15pm).

Uniform Ordering

We encourage all parents to order their children's uniforms online via the QKR! App. Click **here** for instructions.

All orders received via QKR by 11am on Thursdays **will have their order ready for collection at the School Office on Friday mornings**. QKR is the preferred method to order uniforms at this time. Please note, no cash will be accepted in the Uniform Shop – only EFTPOS payments until further notice.

Uniform Shop

The TPS Uniform Shop is open on **Thursdays from 2:45pm - 3:15pm**. **The Uniform Shop is located directly underneath the staffroom, accessible via the Early Childhood Playground and the Quadrangle.**

Please note: The Uniform Shop will be closed for the remainder of Term 4 from the 4th December to allow for stocktake. If you require any urgent items after this date, please contact Katie Ferguson directly.

Volunteers

A call for volunteers is now out for the 2021 Back to School Sales days which will be held on Wednesday 27 January (PM), Thursday 28 January (AM) and Tuesday 2nd February (AM). If you are able to assist in helping with the sales days, please contact Katie to register your interest. We very much appreciate the support of the volunteers during these busy days.

Second-Hand Clothing

The second-hand clothing racks will be on display inside the uniform shop for purchasing. Second hand uniform purchases are very popular so please be mindful of the time spent viewing the racks. We will do our best to serve everyone.

Second-hand clothing donations are very welcome, these can be dropped into the School Office during office hours.

Uniform Item and Price Lists

Please click [here](#) for the current list of uniform items.

Please click [here](#) for the order form (manual processing) and price list.

Covid-19 Rules for the Uniform Shop

The Uniform Shop is small with limited room to move around, so it is important we adhere to the current Covid-19 advice and ask that visitors follow the social distancing and hygiene measures in place at the school for visitors, parents and carers. **ONLY two customers** at a time are allowed in the shop, maintaining a physical distancing of 1.5 metres. A hand-sanitising station will be placed at the entrance of the shop and all customers must use this prior to entering. We kindly ask that customers be considerate of others waiting outside so please keep browsing time to a minimum. The shop doors **will close at 3:15pm sharp**.

If you have questions about school uniforms, please contact the Uniform Shop Coordinator, Katie Ferguson via email katieferguson@netspace.net.au

Changes to STAS Eligibility

The Department of Education recently announced that we would be expanding the Student Assistance Scheme for 2021.

Parents who have a current concession card as listed below can apply for dependent students for assistance under the STAS:

- Services Australia – Centrelink Health Care Card
- Services Australia – Centrelink Low Income Health Care Card
- Services Australia – Pensioner Concession Card or
- Department of Veteran Affairs – Pensioner Concession Card

Please note that if you are already receiving student assistance you do not need to complete a form.

For 2021 a new on-line form has been developed to assist with processing applications for new applicants.

The online form can be completed here: <https://stasonline.education.tas.gov.au/>

The form will be available for public use from the 10 November.

Once a validated form is completed the Department of Education will confirm the outcome of your application in writing. This process takes approximately 1-4 days.

We understand this online option may not be possible for all families, so if you require a hard copy form please contact your school or the Financial Assistance Unit on stas@education.tas.gov.au or 1800 827 055.

A set of *Frequently Asked Questions* has been developed to assist with any questions you may have.

Further questions about STAS or Levies and Charges in general can be sent to the Department of Education's Financial Services Unit at stas@education.tas.gov.au or by calling 1800 827 055

SCHOOL INFORMATION

Student Absences

A reminder to parents/carers to advise the school office if their child is unable to

attend school due to illness or any other reason.

- By phone (6227 8325)
- Email taroonaprimaries@education.tas.gov.au

A medical certificate is required if a child is absent due to illness for 5 days or more.

I NEED TO STAY HOME IF...							
I HAVE A FEVER	I HAVE DIARRHOEA	I AM SICKENED	I HAVE A RASH	I HAVE HEADPAIN	I HAVE AN EYE INFECTION	I HAVE A COLD	I HAVE BEEN IN THE HOSPITAL
							
Temperature of 38.0 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Active headache, in my head	Redness, itching and/or 'crusty' discharge from eye	Respiratory illness symptoms, cough, runny nose	Hospital stay and/or ER visit
I AM READY TO COME BACK TO SCHOOL WHEN I AM...							
Cover from for 24 hours without the use of fever reducing medication	Free from diarrhoea for at least 24-48 hours	Free from vomiting for at least 24 hours	Free from rash/itching or fever or scalp with hair unbroken/itch	Treated with appropriate first treatment at home	Child's eyes have been treated by my doctor and infection clear	Until I am well again	Released by my medical provider to return to school

Signing Students in/out

To ensure we have an accurate record of student attendance, we ask that any student arriving at school later than 9:00am, or leaving for any reason during the school day, be signed in or out at the school office.

Messages to Students

If you need to get a message to your child, please contact the school before 2:15pm to ensure enough time for us to pass the message on.

Duty of Care

Please note that students are not to arrive before 8:30am. This is for the students' protection and safety as there are no teachers on duty prior to 8:30am and classrooms remain locked until this time. Supervision is provided before and after school:

- Playground (EXCLUDING PLAY WEST & OVAL) 8:30 to 8:55am
- Car park & bus area 2:50 to 3:05pm

LADY GOWRIE



Lady Gowrie Tarooma Before and After School Care operates from the hall each school day from 7:00-8:30 am (Before School Care) and 3:00-6:00 pm (After School Care), catering for children aged 4-12 years. We offer a safe and stimulating environment based on the children's interests incorporating both indoor and outdoor play. We employ trained Educators and provide a nutritious breakfast and afternoon tea each day. Please contact the Lady Gowrie Outside School Hours Care Office on 6230 6806 or email us at oshc@gowrie-tas.com.au for more information.



To ensure the safety of our school property, please ring Crime Stoppers if you see anyone acting suspiciously in our school grounds.

MOVE WELL EAT WELL

Move Well Eat Well



Mix up children's activity!

A range of physical activities are good for children. Each week help your child do:

Aerobic activities

- Running games like chasings
- Swimming
- Riding bicycles or scooters.



Muscle and bone strength activities

- Swinging on monkey bars
- Hopping or jumping games
- Dancing.



For more ideas visit:

www.movewelleteatwell.tas.gov.au/families