

Number 2: 24 February 2021

COMMUNITY NEWS - [click to open Community News](#)

CALENDAR - [click to view our latest calendar](#)

PRINCIPAL NEWS

Dear Families,

How wonderful it was to have so many families join us last Friday for our open classrooms and Welcome BBQ. The event was an outstanding success and I would like to thank the many volunteers who assisted us on the day. A special thank you must be extended to TPSA Committee members Simona, Narelle, Hugh, Tracey and Hilary for their tireless efforts behind the scenes in the lead up to the BBQ. A reminder that it's not too late to volunteer your services to participate in future TPSA events by completing the online form available at this link: [TPSA Volunteer Form](#). The next meeting of the TPSA is coming up this Tuesday 2nd March and I do hope to see some new faces at the meeting - you can even join us online by emailing TPSAenquiry@gmail.com for the Zoom log in details.

Year 6 Leadership Programs

Last week our Year 6 students began delivering their Prep-Year 5 Daily Fitness Program after having two training sessions with Kylie Broadbent and Y5-6 teachers. From the high levels of student participation and positive staff feedback, it was a terrific start to Daily Fitness for everyone!

Last week, our Year 6 students also had the opportunity to nominate for house captain selections in preparation for today's Athletics Carnival. Once again, staff and students were deeply impressed at the efforts taken by the candidates to prepare thoughtful, motivating speeches. Congratulations to the following students who were elected 2021 House Captains & Vice Captains:

- **Acacia:** Thomas W & Tess L-P (Captains) / Lewis B & Bea VG and Sophie B (Vice Captains)
- **Waratah:** Hamish C & Addison B (Captains) / Angus A & Bethany P (Vice Captains)

- **Melaleuca:** Henry N & Katie C (Captains) / Nick D & Elsa C (Vice Captains)

Next Wednesday, 3 March, four of our Student Parliamentarians; Isaac R (Prime Minister), Addison B (Leader of the opposition, Luna M and Henry N, will represent our school at the Southern Student Leaders Conference to be held at Huonville Primary School. Participating students will engage with keynote speaker Jordan Lovell, and panel speakers, as well as activities to learn, hear, write, draw, think and reflect about leadership in today's context. We look forward to hearing and seeing the learning in action on the students' return and at the next sitting of the TPS parliament in March.

Year 3-6 Athletics Carnival

Today all Yr3-6 students participated in the annual TPS Athletics Carnival with our school values firmly on display throughout the day. Maximum participation was once again our highest priority and it was fabulous to see so many children giving their best to receive points for their houses. This event is not possible without the support of our community volunteers, grounds and admin staff and our teachers, and of course the outstanding coordination and programming by Kylie Broadbent. Thanks Kylie for delivering another amazing carnival. Final scores for the day were as follows:



- **Acacia: 668**
- **Waratah: 619**
- **Melaleuca: 611**



Best wishes

Danielle Bresnehan

Principal

Classroom News

KINDER WILSON

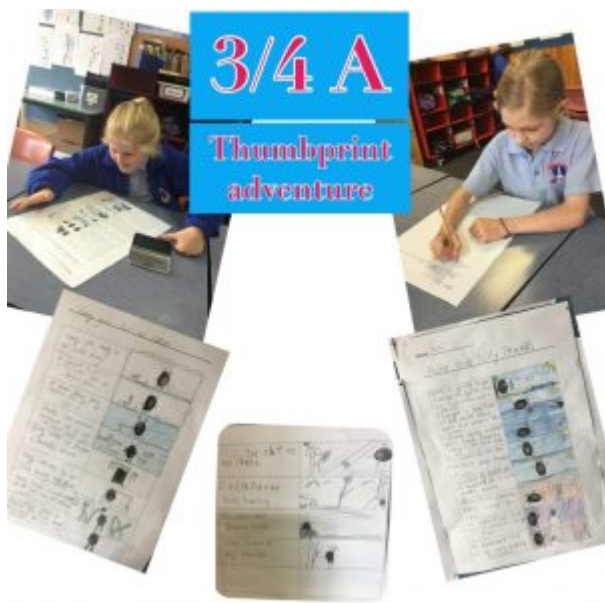
Last week our Kindergarten students explored the ECE playground. Please click on the images below to see more.



3-4A PARRY

In 3-4A we used our thumbprint to create a picture story about going on an adventure. Some of our 'thumbprints' went to the beach, playground, pool, down

a river, surfing, the shops, a dance party and even scuba diving. Please click on the images below for further information.



Launching Into Learning





TAROONA PRIMARY SCHOOL
LAUNCHING INTO LEARNING
(Years 4-6)

Come along to LIL every Thursday at 9.15-11am to have fun learning through play! Please bring along a piece of fruit to keep your energy levels up, as well as a drink and sunhat for outdoor exploration.

Term 1 calendar 2021

During this term we will be learning about **Shape and Colour**. We will have some visitors, a chance to explore at a local beach and get to know the classroom through play invitations. All sessions will be held in the Kindergarten classroom unless otherwise stated.

Thursday 11th February: All about circles and squares
 Thursday 18th February: All about triangles and rectangles
 Thursday 25th February: Looking at blue and green
 Thursday 4th March: Taroona Beach Park - colour searching, mandalas and art creation from natural materials and shapes. Meet at the park at 9.30am. In the case of poor weather we will meet in Kindergarten.
 Thursday 11th March: Looking at yellow and red
 Thursday 18th March: Yoga classes with Myle Murphy
 Thursday 25th March: Colourful sunset making with Anwen Genge and an Easter egg hunt.
 Thursday 1st April: There is NO LIL on this day.

Term 2 resumes on Thursday 22nd April

Please be aware that activities are subject to change, please see our school newsletter, Taroona Primary Facebook page or phone our office staff on 8227 8520 for updated times and information.



TPSA NEWS

Please find below links to documents from the most recent TPSA Meetings

2021 TPSA meeting dates

2nd March

30th March (AGM)

4th May

1st June

3rd August

7th September

12th October

2nd November

7th December

TPSA Draft Meeting Minutes 090221

TPSA Treasurer Report Feb 2021

TPSA Treasurer Report February 2021

Principal Report TPSA Meeting 9 February 2021

TPS Annual School Review 2020 Final

TPSA Diagram Final

Please send all enquiries / correspondence to TPSAenquiry@gmail.com

Medical Information for 2021

A health plan for conditions such as asthma, diabetes, allergies, epilepsy and anaphylaxis should be completed annually in consultation with your GP or specialist, together with authorisation forms to enable us to administer both non prescribed and prescribed medication.

Medication must be supplied to us in its original packaging, in date, and in its correct dose to be administered by our first aid staff at school.

Blank medical forms can be accessed from the school office or sent via email.

School Levies and Changes to STAS Eligibility

URGENT - Student Assistance Scheme (STAS)

STAS provides financial assistance for eligible families, by waiving the cost of school levies. It is provided through school and college resourcing, rather than direct to families. From Term 1, 2021 all families that are eligible for a Centrelink Health Care Card, Centrelink Low Income Health Care Card or Pensioner Concession Card will be eligible for STAS.

Please visit the Department's website for more information:
<https://www.education.tas.gov.au/parents-carers/parent-fact-sheets/fees-levies/>

If you are eligible please apply as soon as possible, or full payment of levies is expected.

FEES / LEVIES

School fees / levies form an essential proportion of school income. All parents and carers, other than those approved under the Student Assistance Scheme, are expected to contribute towards the cost of their child's education. **Levies are due in full by the end of Term 1. Invoices are posted out at the beginning of Term 1 (February).**

Levies for the 2021 school year, Kindergarten-Year 6, is \$325.00.

Payment of levies and charges can be made by:

- Cash or credit card at the school office
- Bpay, Bpoint
- Service Tasmania.

Families are encouraged to discuss payment of levies, as early as possible if there are financial difficulties, to discuss a levy payment plan

UNIFORM SHOP NEWS

Uniform Shop Location and Opening Hours

The TPS Uniform Shop is open on **Thursdays from 2:45pm - 3:15pm**. The Uniform Shop is located directly underneath the staffroom, accessible via the Early Childhood Playground and the Quadrangle.

The TPS Uniform Shop is a volunteer-run service that provides TPS families the convenience of purchasing uniforms from the school campus during school / school office hours.

Help Needed

To run this service, we ask parents and carers to please offer assistance, where possible. Help is currently needed once or twice a Term on a Thursday from 2:40pm to 3:15pm. Please contact Katie Ferguson on katieferguson@netspace.net.au if you can assist.

Current items on back-order

Hats (Size M), Short Sleeve Polo Tops (Size 10) and School Bags are currently out of stock. Delivery is expected to arrive in March (hats and tops) and April (bags).

Uniform Ordering

We encourage all parents to order their children's uniforms online via the QKR! App. Click **here** or instructions.

All orders received via QKR by 11am on Thursdays **will have their order ready for collection at the School Office on Friday mornings**. QKR is the preferred method to order uniforms.

Payment

Please note, Card/EFTPOS is the only accepted form of payment for uniform purchases.

Second-Hand Clothing

The second-hand clothing racks will be on display inside the uniform shop for purchasing. Second-hand clothing donations are very welcome, these can be dropped into the School Office during office hours.

Uniform Item and Price Lists

Please click [here](#) for the current list of uniform items.

Please click [here](#) for the order form (manual processing) and price list.

If you have questions about school uniforms, please contact the Uniform Shop Coordinator, Katie Ferguson via email katieferguson@netspace.net.au

SCHOOL INFORMATION

Student Absences

A reminder to parents/carers to advise the school office if their child is unable to attend school due to illness or any other reason.

- By phone (6227 8325)
- Email taroona.primary@education.tas.gov.au

A medical certificate is required if a child is absent due to illness for 5 days or more.

I NEED TO STAY HOME IF...							
I HAVE A FEVER	I HAVE DIARRHOEA	I AM SICKENING	I HAVE A RASH	I HAVE HEADACHE	I HAVE AN EYE INFECTION	I HAVE A COUGH	I HAVE BEEN IN THE HOSPITAL
							
Temperature of 38.0 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Active headache, 2x by head	Redness, itching and/or 'crusty' discharge from eye	Influences like symptoms, cough, runny nose	Hospital stay and/or 10 days
I AM READY TO COME BACK TO SCHOOL WHEN I AM...							
Colder than for 24 hours without the use of fever-reducing medication	Free from diarrhoea for at least 24-48 hours	Free from vomiting for at least 24 hours	Free from rash/itching or fever or with rash has subsided/ended	Treated with appropriate first treatment at home	Until I have been treated by my doctor and infection clears	Until I am well again	Released by my medical practitioner to return to school

Holidays/Family Events

If your family is going away on holiday, please email taroonaprimary@education.tas.gov.au with the details of your child's absence dates.

Signing Students in/out

To ensure we have an accurate record of student attendance, we ask that any student arriving at school later than 9:00am, or leaving for any reason during the school day, be signed in or out at the school office.

Messages to Students

If you need to get a message to your child, please contact the school before 2:15pm to ensure enough time for us to pass the message on.

Duty of Care

Please note that students are not to arrive before 8:30am. This is for the students' protection and safety as there are no teachers on duty prior to 8:30am and classrooms remain locked until this time. Supervision is provided before and after school:

- Playground (EXCLUDING PLAY WEST & OVAL) 8:30 to 8:55am
- Car park & bus area 2:50 to 3:05pm

LADY GOWRIE



Lady Gowrie Taroonaprimary Before and After School Care operates from the hall each

school day from 7:00-8:30 am (Before School Care) and 3:00-6:00 pm (After School Care), catering for children aged 4-12 years. We offer a safe and stimulating environment based on the children's interests incorporating both indoor and outdoor play. We employ trained Educators and provide a nutritious breakfast and afternoon tea each day. Please contact the Lady Gowrie Outside School Hours Care Office on 6230 6806 or email us at oshc@gowrie-tas.com.au for more information.



To ensure the safety of our school property, please ring Crime Stoppers if you see anyone acting suspiciously in our school grounds

Move Well Eat Well



Number 1: 10 February 2021

COMMUNITY NEWS - [click to open Community News](#)

CALENDAR - [click to view our latest calendar](#)

PRINCIPAL NEWS

Dear Families,

We have started off our year with such energy and enthusiasm, it has been just wonderful to share your children's joy of learning during these first days of Term. Our 15 new Prep-Year 6 students and our 26 Kindergarten students have settled in beautifully. Our total enrolment is 315 children across our 13 classes.

Belonging: Identity and Diversity

- The 2020 TPS Annual School Review highlighted the need for us to continue our work in the area of wellbeing, specifically engagement and belonging. As a result, our school's focus for 2021 is Belonging: Identity and Diversity.
- Prior to children returning last Wednesday, the teaching and teacher assistant teams joined together for 2 separate professional learning sessions to support this work in 2021 and beyond.
- On 1 February, the team worked with Xris Reardon, the DoE LGBTIQ+ school's inclusion officer who works across the state, in primary through to college contexts. The session included an overview of gender diversities, our responsibilities under the Anti-Discrimination Act, a review of language and what is age appropriate, and discussion about why belonging for all students and families is critical. Resources were also shared, with the TPS library now purchasing picture books and reference materials to support discussions in classrooms and connections to the Australian Curriculum. Xris will be working with the TPSA to schedule an information session for families in the near future. The session will provide an overview of this area of belonging and facilitate discussions to support community understanding. The teaching team are certainly looking forward to working further with Xris and engaging in more learning.
- On 2 February, we worked with Nindarra Wheatley & Nerissa Waterfield from our Department's Aboriginal Education Services. Our team engaged in the 'From Gumnuts to Buttons' program, a visual and interactive simulation activity that assisted us to gain understanding and empathy for the history of the Aboriginal community. The activity introduced us to new knowledge and awareness of important events and occurrences in the

history of Tasmania that have contributed significantly to the social, political and economic situation for the Tasmanian community today. The team will use the knowledge gained through the session to support learning across the Australian Curriculum and during Nature Play sessions, which will continue to be held regularly in all classes throughout the year.

Staffing Updates

- Last week we welcomed 2 new teachers to the team Clare Russell (3-4D) and Nicole Taylor (Music) as well as Samara Jenkins (Teacher Assistant) and Cathie Gillam (Library Technician, Monday and Fridays). Sam Hyatt also joins the team in the role of School Psychologist (Tuesdays). It is lovely to have Kylie Frost return to our team after taking 18 months maternity leave.
- Over the holiday break, our Aboriginal Education Worker (AEW) Nicole Smith was fortunate to be offered a 6-month project with Parks and Wildlife for the first half of 2021. Nicole's appointment, however, means that we do not have an assigned AEW for the first half of 2021. In the interim, we will work with Aboriginal Education Services (AES) during Terms 1 & 2 to access support for the work we started in 2020 with Nicole, especially assistance to progress our work on developing and implementing actions for our TPS Reconciliation Action Plan.

Covid Update

- Parents and carers are allowed onsite and in classrooms with Check-in - Tas now being available to our school for those who stay longer than 15 minutes onsite. Visitors still must sign in at the office during the school day for safety and security purposes.
- Home-made birthday and cupcakes are not allowed to be brought into the school. Individually packaged, commercially-made goods can be brought in by those families who wish to provide a treat for their child's class on their child's birthday.
- Assemblies continue to have restricted visitor numbers and will be open only to those classes who are scheduled to present an item on that day.

Welcome BBQ and Open Classrooms: Friday 19 February from 5:15-7pm.

All families (new and returning) will have the chance to meet their child's teachers and visit classrooms between 5:15-6:00pm as well as gather together to eat and celebrate our return to school between 6-7:00pm (adhering to physical distancing and safety requirements of course!) The Taroona Primary School Association (TPSA) coordinate and run this fun event each year and require your support to ensure its success.

At this stage we need people to assist with set up from 4:30pm, BBQ cooking and serving (5:15 - 7pm) and packing up at the end of the event (6:45 - 7:30pm). Hilary Purdie is coordinating the Bar Service and would like to hear from anyone who is certified in Responsible Serving of Alcohol (RSA) and is able to assist with the bar between 6-7pm. Please email tpsaenquiry@gmail.com or complete this form [TPSA Volunteer Form](#) as soon as you can to let us know you can help out so we can run the event.

Best wishes

Danielle Bresnehan

Principal

Classroom News

Please click on the image below to see what our students have been up to during the first weeks back at school!



Launching Into Learning

Our Launching into Learning program recommences tomorrow, Thursday 11 February. Please sign in at the front office before heading to the Kinder room.



Come along to LIL every Thursday at 9.15-11am to have fun learning through play! Please bring along a piece of fruit to keep your energy levels up, as well as a drink and sunhat for outdoor exploration.

Term 1 calendar 2021

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Thursday 11th March: Looking at yellow and red
Thursday 18th March: Yoga shapes with Myle Murphy
Thursday 25th March: Colourful soccer making with Annam George and an Easter egg hunt.
Thursday 1st April: There is NO LIL on this day.

Term 2 resumes on Thursday 22nd April

Please be aware that activities are subject to change, please see our school newsletter, Tarooma Primary Facebook page or phone our office staff on 6227 8225 for updated times and information.

Sushi Friday

Please see information below regarding sushi orders for Years Prep-6.

SUSHI FRIDAY

- ✓ Available for Prep - Grade 6 commencing on Friday 12 February
- ✓ Sushi will be delivered to the school each Friday of school term.
- ✓ Orders must be made via QR (download the app QR) or use URL [QR by MarketCard \(schools.com\)](http://QR.by.MarketCard.schools.com) - select Tarooma Primary School, set up your account and place your order
- ✓ Orders must be submitted by midday on Wednesday each week for delivery on Friday
- ✓ Orders can be made weekly or you can submit for the whole of term.
- ✓ Cancellations must be made before midday on Wednesday.
- ✓ Orders are packed by volunteers and delivered to the classroom.

Options include:
Rolls: Prawn, Vegetarian, Oniglette, Teriyaki Chicken, Avocado |
Cooked Tuna, Smoked Salmon, California \$3.50 each

From \$2.50 each

Soy Sauce - free!

Queries to Tracey Turner on pscc@tarooma.qld.edu.au or 0439 633 520



TPSA NEWS

Please find below links to documents from the most recent TPSA Meetings

TPSA Meeting Minutes 011220

Principal Report TPSA Meeting 3 November 2020

TPSA Diagram Final

TPSA Meeting Processes FINAL

Please send all enquiries / correspondence to TPSAenquiry@gmail.com

Validation Packs and Medical Information for 2021

Validation, Special Data forms, ICT agreements, aquatic consent, major excursion consent and medical forms were distributed to all families last week. Please make any adjustments on the forms and return to the office by **Thursday 11 February**. These forms need to be returned as it is not only important we have valid contact information, but one of the forms also gives **consent for your child to attend minor excursions. If it is not returned your child may not be able to attend.**

ICT Agreement: Your child **will not** be able to use a device until a **signed form is returned to the front office**. This form needs to be signed by both student and parent/carer.

A health plan for conditions such as asthma, diabetes, allergies, epilepsy and anaphylaxis should be completed annually in consultation with your GP or specialist, together with authorisation forms to enable us to administer both non prescribed and prescribed medication.

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UNIFORM SHOP NEWS

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SCHOOL INFORMATION

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I NEED TO STAY HOME IF...							
I HAVE A FEVER	I HAVE DIARRHOEA	I AM SICKENING	I HAVE A RASH	I HAVE HEADACHE	I HAVE AN EYE INFECTION	I HAVE A COLD	I HAVE BEEN IN THE HOSPITAL
							
Temperature of 38.0 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	At the back of, or by the head	Redness, itching and/or 'crusty' discharge from eye	Sneezing, cough, sore throat	Hospital stay and/or (X-ray)
I AM READY TO COME BACK TO SCHOOL WHEN I AM...							
Cover from the 24 hours without the use of fever reducing medication	Free from diarrhoea for at least 24-48 hours	Free from vomiting for at least 24 hours	Free from rash/itching or fever or well with skin condition settled	Treated with appropriate first treatment at home	Used 3 times been treated by my doctor and infection cleared	Until I am well again	Referred by my medical provider to return to school

Holidays/Family Events

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LADY GOWRIE



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To ensure the safety of our school property, please ring Crime Stoppers if you see anyone acting suspiciously in our school grounds

Move Well Eat Well



Number 20: 16 December 2020

COMMUNITY NEWS - click to open Community News

PRINCIPAL NEWS

Dear Families,

This is the final newsletter for 2020 to complete a year like no other, and I would like to begin my 'Principal News' section by acknowledging our passionate, dedicated and highly skilled staff.

This year, our team has navigated uncharted territory, and their resilience, flexibility and strength has been amazing. Whether delivering the Learning at Home or the Learning at School programs, our teaching teams have remained focused on wellbeing. They have ensured our children felt safe, connected and supported throughout extremely challenging and stressful times, where many of our normal activities were taken away or paused for extended periods.

Our Support Staff, including Office Administration, Teacher Assistants, Library Staff and Education Facility Attendants, have also had an enormous role to play, across all areas of the school. They have assisted us to implement new safety procedures and processes as a result of Covid-19 and to clearly communicate changes to families in a variety of ways.

I am truly grateful for their efforts and thank each and every team member for their support and commitment to our children, families and each other during 2020.

This year, our school has embraced many exciting learning opportunities for both students and teachers, not letting the global pandemic hold us back for too long! Our weekly Nature Play Program has gone from strength to strength. With the addition of Nicole Smith, Aboriginal Education Worker, we have been able to begin school-based Reconciliation Action Planning and respond to our children's request to connect more with their local environment and past histories.

Student voice and agency across the school has continued to grow during 2020, with students completing a number of online surveys to provide input into school improvement planning processes, including feedback on the Learning at Home Program which led to our 'test and try' re-structure of the school day over the past two terms. Our TPS Student Parliament has also continued to develop, with fortnightly sittings throughout Terms 3 and 4. Elections for 2021 have recently been completed, to assist with an immediate start to Parliament in the new school year. The TPSA has committed to seeking student funding submissions in 2021 to support school improvements, an exciting initiative to enable the student parliament to engage in planning discussions with the leadership team and school community. Exciting times!

Although our ability to have visitors and volunteers onsite was restricted for a significant proportion of this year, we were extremely fortunate to have parents and community members come in and help out with classroom activities, excursions and school programs such as Lexia and Story Dogs. It was wonderful to recognise their efforts at the Volunteers Thank you Afternoon Tea on the 4th December and acknowledge their contributions to our students and their learning.

The Taroona Primary School Association plays a significant role in supporting the

school, and my leadership. I would like to formally thank Simona Timmins (School Association Chair) and the TPSA Committee: Hugh Kerr (Deputy Chair), Narelle Pullinger (Secretary), Mel Lees (Treasurer until August), Tracey Turner (Treasurer), Demelza Rafferty & Nicholas Dunn (Committee), Ang Oldfield and Hilary Purdie (Staff) for their ongoing commitment and support in a year where we have been focused on building our numbers and planning for 2021. There is still one vacancy for anyone who is interested!

I must also acknowledge the outstanding success of all of our students, in a year where they have had to adjust to new ways. The children have once again demonstrated our school values in their academic, social and emotional growth throughout the highs and lows of 2020. It was an absolute pleasure to read each child's report last week and to celebrate their individual successes.

Taroona Primary School is a centre of educational excellence and I feel privileged to be your Principal. I am already looking forward to 2021, where we will focus more deeply as a school community on understanding and celebrating diversity and delivering programs that continue to align with our school vision of developing creative thinkers, connected learners and inspired leaders.

2021 Staffing Update

I am pleased to advise that our new Music Teacher for 2021 will be Ms Nicole Taylor. Nicole has been teaching Music at Triabunna District School this year and will work here with our children on Mondays and Fridays. Nicole will meet with Janelle Stowe to complete a handover before the end of term, and I look forward to welcoming her to our school community.

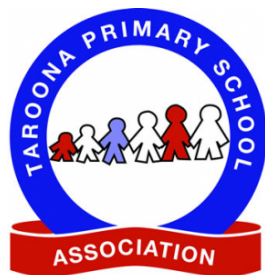
January Building Works

A number of exciting projects will occur during the holidays including a re-surfacing of the netball court behind the GP Room (confirmed) and pathway redevelopment around Middle Block (timeframe to be confirmed). For safety reasons, I ask that families do not come into the school grounds wherever possible during the holiday break, especially on week days between 7am – 6pm. Please note that Lady Gowrie will run vacation care from the GP room as normal, however there will be changes to entering the space throughout this period. Please follow all safety instructions and signage when dropping off and picking up.

My very best wishes to you all for a safe, fun and relaxing holiday break.

Danielle Bresnehan

Principal



TPSA NEWS

2020 has been an unusual year. Despite the challenges and a break due to COVID-19, the Taroona Primary School Association (TPSA) has continued to meet regularly to discuss ways to support our childrens' learning, environment and experiences at Taroona Primary School. This year, the TPSA has contributed to the following items and activities, some of which are taking place as we write!

- Construction of a new Kindergarten Sandpit
- Grade 6 Leavers Cruise
- Grade 6 Leadership Event at the Kingborough Sports Centre
- End-of-year fun activity for all students involving a jumping castle and **60m** obstacle course for the older children.

Thank you to parents whose roles with the TPSA finished-up this year. Thank you also to those who dived in the deep end and volunteered to join the TPSA in 2020. Your efforts and creative proposals going forward are much appreciated. An exciting new idea which will be implemented in 2021 is a process for **students to make submissions for funding** from the TPSA for student-driven initiatives. These submissions can be made through the **Student Parliament**; more information will follow in Term 1 next year.

The TPSA has developed a broad range of criteria which it aims to apply to **any request for funding** from the School Community – parents/carers, staff or students of the School. We welcome all ideas and encourage parents/carers to reach out to other members, or to come along to a meeting either in person or virtually. Meetings are held from 7 – 9 pm the **first Tuesday of every month**, with the exception our first meeting for 2021 is **9 February**.

The TPSA is currently in a **very strong financial position** because of the **volunteering efforts of many** parents, carers and community members, particularly with the 2019 Seaside Festival. In addition, the School is able to offer services such as the **uniform shop** and **Sushi Fridays** because of volunteers. In particular, the TPSA would like to acknowledge the significant contribution made by the following parents, who will soon no longer be (formally) involved with the School as their children are moving onto High School:

- Alex and David Terhell
- Carolyn McKinley
- Jacqui Rogers
- Leah Magliano
- Martine Siltman
- Nicky Adams
- Shelagh Curtain

Lastly, the TPSA is conscious it cannot spend money without making money. There are many exciting **fundraising** ideas in the pipeline for 2021. We will be reaching out for volunteer assistance next year, and (fingers crossed) will kick off 2021 with the annual Welcome Back BBQ.

Stay tuned!

Simona Timmins, Chairperson TPSA

December 2020

TPSAenquiry@gmail.com

Please find below links to documents from the most recent TPSA Meetings

TPSA Meeting Minutes 031120

Principal Report TPSA Meeting 3 November 2020

TPSA Diagram Final

TPSA Meeting Processes FINAL

Please send all enquiries / correspondence to TPSAenquiry@gmail.com

Medical Information for 2021

With the end of the school year upon us, it is crucial that your child's medical details are kept accurate and up to date. A health plan for conditions such as asthma, diabetes, allergies, epilepsy and anaphylaxis should be completed annually in consultation with your GP or specialist, together with authorisation forms to enable us to administer both non prescribed and prescribed medication.

Medication must be supplied to us in its original packaging, in date, and in its correct dose to be administered by our first aid staff at school.

Blank medical forms can be accessed from the school office or sent via email.

Student Bus Travel in 2021

ARE YOU ELIGIBLE FOR FREE TRAVEL?

Eligible students can receive free travel to and from school with Tasmanian bus services. To see if you are eligible, apply for a student bus pass for free travel, or renew your expired free travel entitlement, visit www.transport.tas.gov.au/buspass/apply

Apply before 8 January 2021 and, if approved, you will receive your student bus pass for free travel before the start of Term 1.

If you already have a student bus pass for free travel and you're still eligible for free travel in 2021, you will be able to access your free travel entitlement with your existing card.

TELL ME MORE!

For more information on student fares and free travel, visit www.transport.tas.gov.au/student

UNIFORM SHOP NEWS

Call for Volunteers - Back-To-School Sales Days

The TPS Uniform Shop is a volunteer-run service that provides TPS families the convenience of purchasing uniforms from the school campus during school /

school office hours.

To run this service, we ask parents and carers to please offer assistance, where possible, during the Back to School sales days which will be held in late January / early February 2021.

Please contact Uniform Shop coordinator, Katie Ferguson, if you can provide between 2 and 4 hours of help on the dates listed below. Early advice is greatly appreciated. Katie's contact details are: katieferguson@netspace.net.au or 0407 000 785.

Volunteers Needed

Date	Volunteers Needed	Location
Friday 22 nd January	10:00am - 12 Noon	Music Room
Wednesday 27 th January	2:00pm - 5:30pm	Music Room
Thursday 28 th January	8:00am - 12:00pm 12:00 Noon - 3:30pm	Music Room
Tuesday 2 nd February	12:00 Noon - 3:30pm	Uniform Shop
Thursday 4 th February	2:15pm - 3:30pm	Uniform Shop

School Uniform Sales Days - Back to School 2021

The Uniform Shop will be open to families to purchase uniforms in the lead up to the first day of School. Below are the dates and location of sales.

Important: Pre-purchase of uniforms are available via the **QKR app** and can be collected from Wednesday 27 January from the Uniform Shop or the School Office.

Date (2021)	Shop Hours	Location
--------------------	-------------------	-----------------

Wednesday 27 th January	2:30pm - 5:30pm	Music Room
Thursday 28 th January	8:00am - 11:30am	Music Room
Tuesday 2 nd February	8:00am - 11:30am	Uniform Shop
Thursday 4 th February	2:45pm - 3:15pm	Uniform Shop

Price lists and order form

Click **here** for the range of uniform items.

Changes to STAS Eligibility

The Department of Education recently announced that we would be expanding the Student Assistance Scheme for 2021.

Parents who have a current concession card as listed below can apply for dependent students for assistance under the STAS.

- Services Australia – Centrelink Health Care Card
- Services Australia – Centrelink Low Income Health Care Card
- Services Australia – Pensioner Concession Card or
- Department of Veteran Affairs – Pensioner Concession Card

Please note that if you are already receiving student assistance you do not need to complete a form.

For 2021 a new on-line form has been developed to assist with processing applications for new applicants.

The online form can be completed here: <https://stasonline.education.tas.gov.au/>

The form will be available for public use from the 10 November.

Once a validated form is completed the Department of Education will confirm the outcome of your application in writing, this process takes approximately 14 days.

We understand this online option may not be possible for all families, so if you require a hard copy form please contact your school or the Financial Assistance Unit on stas@education.tas.gov.au or 1800 827 055.

A set of *Frequently Asked Questions* has been developed to assist with any questions you may have.

Further questions about STAS or Levies and Charges in general can be sent to the Department of Education's Financial Services Unit at stas@education.tas.gov.au or by calling 1800 827 055

SCHOOL INFORMATION

Student Absences

A reminder to parents/carers to advise the school office if their child is unable to attend school due to illness or any other reason.

- By phone (6227 8325)

- Email taroona.primary@education.tas.gov.au

A medical certificate is required if a child is absent due to illness for 5 days or more.

I NEED TO STAY HOME IF...							
TEMPERATURE	STOMACH DISCOMFORT	COUGH OR SORE THROAT	STOMACH PAIN	STOMACH HEADACHE	STOMACH AND EYE INFECTIONS	STOMACH & COLD	STOMACH GERM OR VIRUS (SCARF)
Temperature of 38.5 or higher	Within the past 24 hours	Within the past 24 hours	Within the past 24 hours	Within the past 24 hours	Within the past 24 hours	Within the past 24 hours	Within the past 24 hours
I AM READY TO COME BACK TO SCHOOL WHEN I AM...							
Cooler than for 24 hours without the use of fever reducing medication	Cooler than for at least 24-48 hours	Cooler than for at least 24 hours	Cooler than for at least 24 hours	Cooler than for at least 24 hours	Cooler than for at least 24 hours	Cooler than for at least 24 hours	Cooler than for at least 24 hours

Holidays/Family Events

If your family is going away on holiday, please email taroona.primary@education.tas.gov.au with the details of your child/rens absence dates.

Signing Students in/out

To ensure we have an accurate record of student attendance, we ask that any student arriving at school later than 9:00am, or leaving for any reason during the school day, be signed in or out at the school office.

Messages to Students

If you need to get a message to your child, please contact the school before 2:15pm to ensure enough time for us to pass the message on.

Duty of Care

Please note that students are not to arrive before 8:30am. This is for the students' protection and safety as there are no teachers on duty prior to 8:30am and classrooms remain locked until this time. Supervision is provided before and after school:

- Playground (EXCLUDING PLAY WEST & OVAL) 8:30 to 8:55am
- Car park & bus area 2:50 to 3:05pm

LADY GOWRIE



Lady Gowrie Tarooma Before and After School Care operates from the hall each school day from 7:00-8:30 am (Before School Care) and 3:00-6:00 pm (After School Care), catering for children aged 4-12 years. We offer a safe and stimulating environment based on the children's interests incorporating both indoor and outdoor play. We employ trained Educators and provide a nutritious breakfast and afternoon tea each day. Please contact the Lady Gowrie Outside School Hours Care Office on 6230 6806 or email us at oshc@gowrie-tas.com.au for more information.



To ensure the safety of our school property, please ring Crime Stoppers if you see anyone acting suspiciously in our school grounds

Number 19: 2 December 2020

COMMUNITY NEWS - [click to open Community News](#)

Excursions - [click for more information](#)

Click [here](#) to view our Calendar

PRINCIPAL NEWS

Dear Families,

We are nearing the end of a most extraordinary year, with many exciting activities happening in these last few weeks of term. This week all of our classes will be attending the Tarooma High School Production of 'The Little Mermaid' on either Wednesday or Friday. I do hope you have a chance to head along for one of the

evening sessions as the reviews have been fantastic!

Next Wednesday children and staff will enjoy our student-only End of Year Celebration Assembly. Teachers may have already contacted you in regards to what the children will be sharing at this event, and of course how they will share photos or videos of class items. Please don't hesitate to contact your child's teacher if you have any questions or would like to review your child's media permissions.

Thank you to those families who have recently contacted the office to advise that their family situation has changed and their child will no longer be attending school here at TPS in 2021. This information is vital as we are now in the final stages of confirming class groupings in preparation for our Step-Up Day session on Monday 14th December. Please contact the office ASAP on 6227 8325 / taroona.primary@education.tas.gov.au if your child will not continue with us in 2021.

End of Year & 2021 Staffing Arrangements

As with the end of any school year, we will be saying goodbye to a number of staff members who complete fixed-term teaching contracts at the end of the year. Thank you to Kirsten Hartel (1-2B), Peggy Cato (2A / 5-6B), Linda Hicks (3-4D) and Sophia Vasili (3-4D) for all of your efforts in supporting our children throughout 2020, across a variety of roles.

We will also farewell Janelle Stowe (Music) at the end of the school year. Janelle has accepted additional hours at Ogilvie High School where she currently teaches Music one day per week and will not be able to divide her time across both schools. Thank you to Janelle for your high level of commitment to our Music, Band and Choir programs, and for the variety of creative opportunities you have provided our students over the past 18 months. I am currently working with Learning Services to secure a Music teacher and will provide more information as soon as it is available.

I am excited to announce that Clare Russell, currently teaching a Grade 3-6 class at Kempton Primary School, will join our team from the start of 2021. Clare will visit the school prior to the end of the school year to meet staff and students.

The staffing arrangements for 2021 classes is as follows:

- 1 x Kindergarten & Launching into Learning – Sarah Wilson (0.7FTE)
- 1 x Prep – Kylie Frost (0.4FTE) & Mel Vincent (0.6FTE)
- 3 x 1-2 classes – Angela Oldfield, Karen Gregson and Frances Thorp (0.6FTE) / Tania Glover (0.4FTE)
- 4 x 3-4 classes – Liz Parry, Jos Pullen, Clare Russell and Jane Graham-Smith (0.9FTE) / Anita Wood (0.1FTE)
- 4 x 5-6 classes – Alanna Carne, Debbie Clark, Philly Hughes and Megan Tubb (0.6FTE) and Emma Nuttall (0.4FTE)

Upcoming events

A few dates to put into your calendar for this busy time of year:

- Volunteers Afternoon Tea – Friday 4 December, 2pm in GP Room – bookings essential
- P- 6 Reports sent home – Friday 11 December 2020
- Step Up Day (students meet 2021 teacher & class) – Monday 14 December, 9:20 – 9:40am
- Beach Day – Tuesday 15 December
- TPSA Surprise Activity for Students – Wednesday 16 December
- Leavers' Assembly – Thursday 17 December, 1:30pm GP Room – guest restrictions & bookings essential

Best wishes

Danielle Bresnehan

Principal

Zones of Regulation & Social Emotional Learning



This week we provide an overview of the five core social and emotional competencies that are developed through our K-6 Zones of Regulation Curriculum.

1. **Self-awareness:** To understand one's own emotions, thoughts, and values and how they influence behaviour across contexts. Learning includes: Identifying the four zones in self and others; Zones in Me; Zones Check

In.

2. **Self-management:** To manage one's emotions, thoughts, and behaviours effectively in different situations and to achieve goals and aspirations. Learning includes: My Zones across the Day; Exploring tools for calming; Exploring thinking strategies.
3. **Responsible decision-making:** To make caring and constructive choices about personal behaviour and social interactions across diverse situations. Learning includes: Size of the problem, size of the reaction; Inner Coach, Inner Critic; When to use my zones toolbox.
4. **Relationship skills:** To establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups. Learning includes: Understanding different perspectives; Good Thoughts Vs Uncomfortable Thoughts; Our behaviour impacts others.
5. **Social awareness:** The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts. Learning includes: The Zones in me. What zone should I be in?; Stop, Opt and Go; Me in my zones.

For more information and resources click on this link

e-Safety Kids: <https://www.esafety.gov.au/kids>



e-Safety Kids provides a range of online videos and resources for kids to explore how to be e-safe and access tips and advice on a range of topics including:

- Someone is being mean to me online
- I saw something online I didn't like
- How do i know something is fake?
- Someone is contacting me and i don't want them to
- How do i know if I have been mean to others online?

CLASSROOM NEWS

PE

What a fabulous day at our Early Childhood Sports Carnival. Students participated in 6 activities across the morning. Our Year 6 leaders did a fantastic job of leading the activities for the students. All students and their soft toy had loads of fun across the day! Thank you Paul for providing the lines for carnival day. Please click here for photos.

MUSIC

Please click on here to see what has been happening in Music!



TPSA NEWS

Please find below links to documents from the most recent TPSA Meetings

TPSA Meeting Minutes 031120

Principal Report TPSA Meeting 3 November 2020

TPSA Diagram Final

TPSA Meeting Processes FINAL

Please send all enquiries / correspondence to TPSAenquiry@gmail.com

Student Bus Travel in 2021

ARE YOU ELIGIBLE FOR FREE TRAVEL?

Eligible students can receive free travel to and from school with Tasmanian bus services. To see if you are eligible, apply for a student bus pass for free travel, or renew your expired free travel entitlement, visit www.transport.tas.gov.au/buspass/apply

Apply before 8 January 2021 and, if approved, you will receive your student bus pass for free travel before the start of Term 1.

If you already have a student bus pass for free travel and you're still eligible for free travel in 2021, you will be able to access your free travel entitlement with your existing card.

TELL ME MORE!

For more information on student fares and free travel, visit www.transport.tas.gov.au/student

UNIFORM SHOP NEWS

Good News! After months of delay, our **Size 10 and 12 Short Sleeve polo tops** are back in stock. Orders can be made via QKR or in person at the Uniform Shop (Thursdays 2:45pm – 3:15pm).

Uniform Ordering

We encourage all parents to order their children's uniforms online via the QKR! App. Click **here** for instructions.

All orders received via QKR by 11am on Thursdays **will have their order ready for collection at the School Office on Friday mornings**. QKR is the preferred method to order uniforms at this time. Please note, no cash will be accepted in the Uniform Shop – only EFTPOS payments until further notice.

Uniform Shop

The TPS Uniform Shop is open on **Thursdays from 2:45pm - 3:15pm**. **The Uniform Shop is located directly underneath the staffroom, accessible via the Early Childhood Playground and the Quadrangle.**

Please note: The Uniform Shop will be closed for the remainder of Term 4 from the 4th December to allow for stocktake. If you require any urgent items after this date, please contact Katie Ferguson directly.

Volunteers

A call for volunteers is now out for the 2021 Back to School Sales days which will

be held on Wednesday 27 January (PM), Thursday 28 January (AM) and Tuesday 2nd February (AM). If you are able to assist in helping with the sales days, please contact Katie to register your interest. We very much appreciate the support of the volunteers during these busy days.

Second-Hand Clothing

The second-hand clothing racks will be on display inside the uniform shop for purchasing. Second hand uniform purchases are very popular so please be mindful of the time spent viewing the racks. We will do our best to serve everyone.

Second-hand clothing donations are very welcome, these can be dropped into the School Office during office hours.

Uniform Item and Price Lists

Please [click here](#) for the current list of uniform items.

Please [click here](#) for the order form (manual processing) and price list.

Covid-19 Rules for the Uniform Shop

The Uniform Shop is small with limited room to move around, so it is important we adhere to the current Covid-19 advice and ask that visitors follow the social distancing and hygiene measures in place at the school for visitors, parents and carers. **ONLY two customers** at a time are allowed in the shop, maintaining a physical distancing of 1.5 metres. A hand-sanitising station will be placed at the entrance of the shop and all customers must use this prior to entering. We kindly ask that customers be considerate of others waiting outside so please keep browsing time to a minimum. The shop doors **will close at 3:15pm sharp**.

If you have questions about school uniforms, please contact the Uniform Shop Coordinator, Katie Ferguson via email katieferguson@netspace.net.au

Changes to STAS Eligibility

The Department of Education recently announced that we would be expanding the Student Assistance Scheme for 2021.

Parents who have a current concession card as listed below can apply for dependent students for assistance under the STAS.

- Services Australia – Centrelink Health Care Card
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- Services Australia – Pensioner Concession Card or
- Department of Veteran Affairs – Pensioner Concession Card.

Please note that if you are already receiving student assistance you do not need to complete a form.

For 2021 a new on-line form has been developed to assist with processing applications for new applicants.

The online form can be completed here: <https://stasonline.education.tas.gov.au/>

The form will be available for public use from the 10 November.

Once a validated form is completed the Department of Education will confirm the outcome of your application in writing. This process takes approximately 1-4 days.

We understand this online option may not be possible for all families, so if you require a hard copy form please contact your school or the Financial Assistance Unit on stas@education.tas.gov.au or 1800 827 055.

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SCHOOL INFORMATION

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- By phone (6227 8325)
- Email taroonaprimery@education.tas.gov.au

A medical certificate is required if a child is absent due to illness for 5 days or more.

I NEED TO STAY HOME IF...							
I HAVE A FEVER	I HAVE DIARRHOEA	I AM SICKENING	I HAVE A RASH	I HAVE HEADACHE	I HAVE AN ITCHY INFECTIOUS	I HAVE A COLD	I HAVE BEEN IN THE HOSPITAL
							
Temperature of 38.0 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Active headache, itchy head	Redness, itching and/or "crusty" discharge from eye	Influenza like symptoms, cough, runny nose	Hospital stay and/or 10 days
I AM READY TO COME BACK TO SCHOOL WHEN I AM...							
Cover free for 24 hours without the use of fever reducing medication	Free from diarrhoea for at least 24-48 hours	Free from vomiting for at least 24 hours	Free from rash/itching or fever or with heat unbroken/itched	Treated with appropriate first treatment at home	Child's eyes have been treated by my doctor and infection cleared	Until I am well again	Released by my medical provider to return to school

Signing Students in/out

To ensure we have an accurate record of student attendance, we ask that any student arriving at school later than 9:00am, or leaving for any reason during the school day, be signed in or out at the school office.

Messages to Students

If you need to get a message to your child, please contact the school before 2:15pm to ensure enough time for us to pass the message on.

Duty of Care

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- Playground (EXCLUDING PLAY WEST & OVAL) 8:30 to 8:55am
- Car park & bus area 2:50 to 3:05pm

LADY GOWRIE



Lady Gowrie Taroona Before and After School Care operates from the hall each school day from 7:00-8:30 am (Before School Care) and 3:00-6:00 pm (After School Care), catering for children aged 4-12 years. We offer a safe and stimulating environment based on the children's interests incorporating both indoor and outdoor play. We employ trained Educators and provide a nutritious breakfast and afternoon tea each day. Please contact the Lady Gowrie Outside School Hours Care Office on 6230 6806 or email us at oshc@gowrie-tas.com.au for more information.



To ensure the safety of our school property, please ring Crime Stoppers if you see anyone acting suspiciously in our school grounds.

MOVE WELL EAT WELL



Number 18: 18 November 2020

COMMUNITY NEWS - [click to open Community News](#)

Excursions - [click for more information](#)

Click *here* to view our Calendar

PRINCIPAL NEWS

Dear Families,

2020 NAIDOC week, Always Was, Always Will Be, was embraced by the school community and celebrated at our assembly on Friday. Children shared poetry, facts and artwork in

response to their connections to country and learning at nature play. Nicole Smith, our school's Aboriginal Education Worker, welcomed us in palawa kani and shared video footage of the song liyini milaythina rrala (Singing Country Strong) featuring local musician Jodie Haines. I encourage everyone to take a few

liyini milaythina rrala

(Singing Country Strong)

Excerpt from the documentary film 'Tarkine in Motion'

minutes to enjoy this visual and musical delight
<https://www.youtube.com/watch?v=6cBvpm2F8ZA>

Last week we also spent time reflecting on the meaning of **Remembrance Day** and commemorated the event as a whole school with a minute's silence and the last post being observed at 11am. Four students laid wreaths at the Tarooma and Kingston Beach services on behalf of our school community. Thank you to Alanna Carne, Jacqui Rogers, Daniel, Essie, Addison and Henry for participating in the services.



Congratulations to our **Interschool athletes** who were successful at Monday's carnival, bringing home many ribbons as well as first place. A huge thank you to Kylie Broadbent for supporting the students in training for this event and to Kylie and Hilary Purdie for accompanying

the team on Monday. Every student did their best despite the varied weather conditions that confronted them throughout the day!

National Skin Cancer Action Week (15-21 November, 2020) Did you know that more than 95% of skin cancer cases are caused by unprotected exposure to UV radiation from the sun, meaning it is a nearly entirely preventable cancer?

As a sun safe school, all TPS students are required to wear a school hat during the warmer months, from 1 September - 30 April. With the recent increase in temperatures and UV index ratings, children are also encouraged to apply sunscreen before coming to school, and re-apply as necessary throughout the school day. Children may choose to bring their own sunscreen from home or use school supplies.

End of year reporting Teachers are in the process of finalising assessments and moderating work in preparation for our end of year reporting to parents. Reports will be sent home on the last Friday of Term 4, 9th December 2020.

Best wishes

Danielle Bresnehan

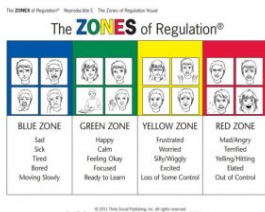
Principal

Taroona Awards

Congratulations to the following students who received an award at our last Assembly.

- **Creativity** - Luka H, Tilo B, Leo J, Sienna F & Charlie J
- **Respect** - Maxine T, Luca D, Ewan S, Alec S, Meg S, Beatrix V.G & Harry D.L.M
- **Resilience** - Riley S & Thomas W
- **Collaboration** - Sam S, Charlie M, Isaac R & Miles B
- **Excellence** - Ethan B, Annabella C, Georgie C, Jasper M, Louie C, Hamish O & An T
- **All 5** - Immy L, Elsa G, Charlie C, Henry N & Molly O

Zones of Regulation & Social Thinking



In our previous newsletter we provided information about social thinking and its connection to the Zones of Regulation. This week's post focuses on **Making and Keeping Friends**, a topic that comes up regularly in the primary school setting for many of our learners.

Making and keeping friends is something that most of us take for granted, in much the same way we take for granted our ability to learn to talk and walk, be part of a classroom discussion, write our name or stand in line. When children don't intuitively learn to develop friendships on their own, we support them to learn about all aspects of friendships, including that friendships must be mutual, they change over time, and even when nurtured, friendships may not be stable and long-lasting.

Michelle Garcia Winner and Pamela Crooke, provide the following *10 Truths and Tips for Making and Keeping Friends* to assist parents, care givers and professionals in supporting children to learn about all aspects of friendships.

- **Friendship is a relationship** - To relate successfully people need to feel comfortable together.
- **The biggest compliment we give each other is our attention** -

Paying attention to something that is not always fascinating to us is the compromise we make to keep the relationship developing.

- **Friendship involves communication: verbal and non-verbal** - We use our eyes to continue to show people we are thinking about them or what they're doing, we use our bodies to indicate we are sticking with that person, and we use our language to relate or to find new topics about which someone might want to relate.
- **Friendships are mutual** - Friendships require active perspective taking and compromise e.g. when accepting defeat when your friend wins, when sharing boredom together, or when focusing mostly on what your friend needs in that moment.
- **Friendships require significant flexibility and problem solving** - Friendships evolve as we work out how to stick together through good and rough times. Friendships involve trust, knowing who to tell what information and learning to apologize.
- **Friendships can be stressful, unpredictable, and sometimes confusing** - Friendships hopefully bring us many positive experiences and feelings; however, friendships can also be hurtful, stressful, and confusing. Learning to manage one's anxiety, stress, and emotional negativity is also part of friendship management.
- **Friendships end** - Friendships are usually not for life. Friendships often fade out and some crash and burn.
- **Making new friends is worth the work** - No matter what stage and age in our childhoods or lives, we can continue to make new friends. It takes work to make a friend, starting with initiating your interest in that other person, making them feel special by giving them your attention, connecting around things that are interesting to both of you, and being flexible and patient when things aren't always comfortable or easy.
- **Friendships are complicated** - When people say they don't want a friend, they often are saying this because they feel defeated by the complexities involved in making and keeping a friend. Helping them understand that they can continue to learn specific social emotional competencies, as well as manage their social anxieties, is important.
- **Memories of past social rejection may make it hard for us to want to make new friends** - Rather than remembering how friendships went bad, focus on the ability to do things differently now and in the future. A positive mindset goes a long way toward developing new relationships,

which eventually become positive memories in our lives.

For more information and resources go to <https://www.socialthinking.com>

e-Safety: Parental Controls

Figuring out what kind of parental control is best is entirely based on your own family's needs. Some families can get by with simple, free browser settings to filter inappropriate content. Some families need help clamping down on screen time. Some folks are cool with spot-checks on their kids' devices. This guide can help you make sense of the options for managing your family's devices.

Parenting, Media, and Everything In Between

Parents' Ultimate Guide to Parental Controls

Do you need parental controls? What are the options? Do they really work? Here's everything you need to know about the wide array of parental control solutions, from OS settings to monitoring apps to network hardware.
By Caroline Knorr 6/8/2020

Topics: Cellphone Parenting, Privacy and Internet Safety, Social Media

Ver en español

Even if you've talked to your kids about screen-time limits and responsible online behavior, it's still really tough to manage what they do when you're not there (and even when you are). Parental controls can support you in your efforts to keep your kids' internet experiences safe, fun, and productive. They work best when used openly and honestly in partnership with your kids -- not as a stealth spying method.



<https://www.common sense media.org/blog/parents-ultimate-guide-to-parental-controls>

CLASSROOM NEWS

Prep Pullen

Please click on the image below for further information.



Making Dark Canoes
Floating and Sinking Inquiry

Working Scientifically

Over the week, we have been engaged in a range of experiences to explore the concept of sinking and floating. We have been *predicting*, *observing* and *explaining*, as well as *recording* our findings.

We have looked at gravity and buoyancy and used our knowledge of density to make tests accurate predictions throughout our experiments.

As part of MARCH Week, we have explored The 4th to 6th our about streamlined dark canoes and how they are made. We collected the canoes and materials that we thought might help us make our models and, after working with our teacher, we tested them to see if they floated.

5-6 Gregson

Please click on the image below for further information.



LAUNCHING INTO LEARNING - Super LiL Term 4

Families are encouraged to come along and join in the fun with special sessions scheduled in Term 4. Click on the flier for full details!





TPSA NEWS

Please find below links to documents from the most recent TPSA Meetings

TPSA Draft Meeting Minutes 031120

Principal Report TPSA Meeting 3 November 2020

TPSA Diagram Final

TPSA Meeting Processes FINAL

Please send all enquiries / correspondence to TPSAenquiry@gmail.com

UNIFORM SHOP NEWS

Good News! After months of delay, our **Size 10 and 12 Short Sleeve polo tops** are back in stock. Orders can be made via QKR or in person at the Uniform Shop (Thursdays 2:45pm – 3:15pm).

Uniform Ordering

We encourage all parents to order their children's uniforms online via the QKR! App. Click **here** for instructions.

All orders received via QKR by 11am on Thursdays **will have their order ready for collection at the School Office on Friday mornings**. QKR is the preferred method to order uniforms at this time. Please note, no cash will be accepted in the Uniform Shop – only EFTPOS payments until further notice.

Uniform Shop

The TPS Uniform Shop is open on **Thursdays from 2:45pm - 3:15pm**. **The Uniform Shop is located directly underneath the staffroom, accessible via the Early Childhood Playground and the Quadrangle.**

Please note: The Uniform Shop will be closed for the remainder of Term 4 from the 4th December to allow for stocktake. If you require any urgent items after this date, please contact Katie Ferguson directly.

Volunteers

A call for volunteers is now out for the 2021 Back to School Sales days which will be held on Wednesday 27 January (PM), Thursday 28 January (AM) and Tuesday 2nd February (AM). If you are able to assist in helping with the sales days, please contact Katie to register your interest. We very much appreciate the support of the volunteers during these busy days.

Second-Hand Clothing

The second-hand clothing racks will be on display inside the uniform shop for purchasing. Second hand uniform purchases are very popular so please be mindful of the time spent viewing the racks. We will do our best to serve everyone.

Second-hand clothing donations are very welcome, these can be dropped into the School Office during office hours.

Uniform Item and Price Lists

Please click [here](#) for the current list of uniform items.

Please click [here](#) for the order form (manual processing) and price list.

Covid-19 Rules for the Uniform Shop

The Uniform Shop is small with limited room to move around, so it is important we adhere to the current Covid-19 advice and ask that visitors follow the social distancing and hygiene measures in place at the school for visitors, parents and carers. **ONLY two customers** at a time are allowed in the shop, maintaining a physical distancing of 1.5 metres. A hand-sanitising station will be placed at the entrance of the shop and all customers must use this prior to entering. We kindly ask that customers be considerate of others waiting outside so please keep browsing time to a minimum. The shop doors **will close at 3:15pm sharp**.

If you have questions about school uniforms, please contact the Uniform Shop

Coordinator, Katie Ferguson via email katieferguson@netspace.net.au

Changes to STAS Eligibility

The Department of Education recently announced that we would be expanding the Student Assistance Scheme for 2021.

Parents who have a current concession card as listed below can apply for dependent students for assistance under the STAS.

- Service Australia – Centrelink Health Care Card
- Service Australia – Centrelink Low Income Health Care Card
- Service Australia – Pensioner Concession Card or
- Department of Veteran Affairs – Pensioner Concession Card

Please note that if you are already receiving student assistance you do not need to complete a form.

For 2021 a new on-line form has been developed to assist with processing applications for new applicants.

The online form can be completed here: <https://stasonline.education.tas.gov.au/>
The form will be available for public use from the 10 November.

Once a validated form is completed the Department of Education will confirm the outcome of your application in writing. This process takes approximately 14 days.

We understand this online option may not be possible for all families, so if you require a hard copy form please contact your school or the Financial Assistance Unit on stas@education.tas.gov.au or 1800 827 077.

A set of *Frequently Asked Questions* has been developed to assist with any questions you may have.

Further questions about STAS or Levies and Charges in general can be sent to the Department of Education's Financial Services Unit at stas@education.tas.gov.au or by calling 1800 827 055

SCHOOL INFORMATION

Student Absences

A reminder to parents/carers to advise the school office if their child is unable to attend school due to illness or any other reason.

- By phone (6227 8325)
- Email taroonaprimary@education.tas.gov.au

A medical certificate is required if a child is absent due to illness for 5 days or more.

I NEED TO STAY HOME IF...							
I HAVE A FEVER	I HAVE DIARRHOEA	I AM SICKENING	I HAVE A RASH	I HAVE HEADLICHES	I HAVE AN EYE INFECTION	I HAVE A COLD	I HAVE BEEN ON THE HOSPITAL
							
Temperature of 38.5 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	At the forehead, itchy head	Redness, itching and/or 'watery' discharge from eye	Symptoms like sneezing, cough, runny nose	Hospital stay and/or 50 days
I AM READY TO COME BACK TO SCHOOL WHEN I AM...							
Clear from fever for 24 hours without the use of fever reducing medication	Free from diarrhoea for at least 24-48 hours	Free from vomiting for at least 24 hours	Free from rash/itching or fever or scalp rash has washed/let dry	Treated with appropriate first treatment at home	Used 1 clear form treated by my doctor and infection cleared	Until I am well again	Released by my medical provider to return to school

Signing Students in/out

To ensure we have an accurate record of student attendance, we ask that any

student arriving at school later than 9:00am, or leaving for any reason during the school day, be signed in or out at the school office.

Messages to Students

If you need to get a message to your child, please contact the school before 2:15pm to ensure enough time for us to pass the message on.

Duty of Care

Please note that students are not to arrive before 8:30am. This is for the students' protection and safety as there are no teachers on duty prior to 8:30am and classrooms remain locked until this time. Supervision is provided before and after school:

- Playground (EXCLUDING PLAY WEST & OVAL) 8:30 to 8:55am
- Car park & bus area 2:50 to 3:05pm

LADY GOWRIE



Lady Gowrie Taroona Before and After School Care operates from the hall each school day from 7:00-8:30 am (Before School Care) and 3:00-6:00 pm (After School Care), catering for children aged 4-12 years. We offer a safe and stimulating environment based on the children's interests incorporating both indoor and outdoor play. We employ trained Educators and provide a nutritious breakfast and afternoon tea each day. Please contact the Lady Gowrie Outside School Hours Care Office on 6230 6806 or email us at oshc@gowrie-tas.com.au for more information.



To ensure the safety of our school property, please ring Crime Stoppers if you see anyone acting suspiciously in our school grounds.

MOVE WELL EAT WELL



Number 17: 4 November 2020

COMMUNITY NEWS - click to open Community News

Excursions - click for more information

Click *here* to view our Calendar

PRINCIPAL NEWS

Dear Families,

There are so many exciting activities happening around the school at the moment, including many infrastructure projects. Below are just a few examples:

- Tarooma High School Year 10 Art students have started pencilling out a new mural in Kinder with painting to commence this Friday and continue Mondays and Fridays until completed.
- Pam Christie, Megan Tubb, Kirsten Hartel and students have planted out

the new garden bed at the Early Childhood entrance.

- New Playground markings are to be installed next week: Snakes and Ladders & Hopscotch in the EC area (under shade sail) and a new chess board in the quadrangle.
- An access carpark is to be installed in the visitor carpark in the coming weeks. This will be located in the first parking bay next to our drop off and pick up zone.
- Permanent bins (metal frame with bin inside - same as on oval) are to be installed before the end of 2020. Three general waste bins will be installed, located in the EC playground, the quadrangle and Play West. A Red-cycle bin will also be installed in the quadrangle, next to the general waste bin.

We are hoping that the retaining wall behind our Office Administration block will be completed at the end of next week so that the pathway and garden beds in Play West can be re-instated ASAP.

2021 Class Structures

I can now confirm that the following class structures will be in place for 2021:

- 1 x Kinder
- 1 x Prep
- 3 x Year 1-2
- 4 x Year 3-4
- 4 x Year 5-6

A reminder that class placements are made using the following process:

1. Teaching staff will place students in a class group taking into consideration the educational needs of the child, the social & emotional needs of the child, the balance of student abilities within the class group and the balance between boys and girls in each class group.
2. In the first two weeks of November of each school year, parents will be given the opportunity to make a class placement request for their child for the following year. This should be communicated to the Principal either by letter, email or a formal meeting. A class placement request will only be considered on educational grounds, not individual class teacher preferences. (***Please note end date for requests is Friday 13 November, 2020.***)

3. After teachers have initially placed students in a class group for the following year, the Principal will review class placements in light of any specific parental requests. Not all class placement requests can be met and ultimately the final decision rests with the Principal.
4. Final class placements are announced in the last week of Term 4. No changes will be made unless an obvious error has occurred.

End of Year Celebration Assembly - 9th December 2020 (Students Only)

As mentioned in our last newsletter, due to COVID Restrictions, we are unable to host adult visitors at our End of Year Celebration Assembly which we plan to have onsite for students to share with other classes (not recorded). Please note that some classes have decided to film a version of their item (taking into account student media permissions) to share publicly with our school community via our school YouTube Channel on or after the 9th November. Please contact your child's teacher if you would like more information about what is planned or if you would like to review your child's media permissions for this event.

I am really looking forward to seeing what the students produce this year to celebrate 2020 - a most unusual year for all of us!

Best wishes

Danielle Bresnehan

Principal

Zones of Regulation



In our previous newsletter we shared examples of calming tools that children may use at school to stay in a zone or move from one zone to another.

This week we provide some information about **social thinking** and its connection to the Zones of Regulation.

Social thinking is our meaning maker - it allows us to interpret the deeper meaning behind what others do in the world, and (if the situation calls for it)

prompts us with how to respond. A person's social thinking ability has a considerable effect on their relationships and success in school. It affects the person's social skills, perspective taking, self-awareness, self-regulation, critical thinking, social problem solving, play skills, reading comprehension, written expression, ability to learn and work in a group, organizational skills etc.

We practise social thinking all day long. At school, students must use social thinking constantly to work effectively as part of a group, stay on task, figure out the expected times to talk (or listen) and to successfully share space with others, both in the classroom and out in the playground. Social thinking is also important for academic tasks, especially as the curriculum becomes more socially abstract and moves away from memorising facts and towards more analysis of information.

Our Zones of Regulation curriculum provides many opportunities for students to improve social thinking through:

- Observing their social world
- Using language and visuals to promote metacognitive learning (thinking about thinking).
- Encouraging children to talk about their thinking.
- Developing children's social emotional awareness.
- Teaching cognitive strategies to adjust and practice specific behaviours to meet their own personal goal(s).
- Developing internal self-reward system (pride) in one's ability to self-regulate based on a goal.

For more information <https://www.socialthinking.com>

e-Safety: Growing Up Digital Australia

Do you wonder how digital media and technologies that children and young people live with might affect their wellbeing, health and learning?

The Gonski Institute of Education at the University of NSW are working on a ground-breaking research project called ***Growing Up Digital Australia***. This international research project partners with Harvard Medical School, the University of Alberta and Alberta Teachers Association and seeks to understand the health, wellbeing and learning impacts of growing up in a digital world on our young people. A number of Australian organisations are supporting this project,

including Departments of Education, parent organisations and teacher associations. The researchers hope that this longitudinal study will reframe issues surrounding children's consumption of media and digital technologies, moving into evidence-based solutions for parents, educators and young people to live healthier, safer and happier lives here in Australia.

Parents and grandparents of any child aged 5-17 are invited to participate in **Phase 2** via this survey link.

Phase 1 Results are available at this link

CLASSROOM NEWS

Kinder Wilson

Please click on the images below for further information about the Kinder Bunnings Competition.



3-4 Carne

Genius Hour

After working independently on their Inquiry question over 10 weeks, the year 3 and 4 students were proud to show off their 'Genius Hour' projects to the whole school and to families last week. 3-4 Carne shared their learning on Thursday. It was a wonderful day and we were all very tired at the end.

Millie “Can I make a care package for homeless dogs?”

Clara “How many interesting facts can I find out about dogs?”

Oliver “Can I show people the importance of preserving old buildings and restoring homes to their former glory?”

Other interesting questions were:

Freya - “Can I explain why people are overfishing?”

Ryder - ‘Can I explain how people will influence the environment in the future?’

Ada - “Can I raise awareness of Climate Change using a plastic bottle rocket?”



LAUNCHING INTO LEARNING - Super LiL Term 4

Families are encouraged to come along and join in the fun with special sessions scheduled in Term 4. Click on the flier for full details!



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Temperature of 38.0 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Active headache, 2x by head	Redness, itching and/or 'crusty' discharge from eye	Influenza like symptoms, cough, runny nose	Longest stay and/or (if any)
I AM READY TO COME BACK TO SCHOOL WHEN I AM...							
Closer than for 24 hours without the use of fever reducing medication	Free from diarrhoea for 48 hours (24-48 hours)	Free from vomiting for 48 hours (24 hours)	Free from rash/itching or fever or well enough to be unbothered/itself	Treated with appropriate Rx or treatment at home	Child's eye has been treated by my doctor and infection cleared	Until I am well again	Referenced by my medical practitioner to return to school

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MOVE WELL EAT WELL



Number 16: 21 October 2020

COMMUNITY NEWS - [click to open Community News](#)

[Excursions](#) – [click for more information](#)

Click [here](#) to view our Calendar

PRINCIPAL NEWS

Dear Families,

Our children and staff have made a wonderful start to our new term of learning! I do hope you are keeping up to date via our school Facebook page, where we showcase many of the exciting experiences our children are engaging in throughout the week. Today's book parade was captured beautifully - thank you for supporting your children in this wonderful event!

2021 Class Structures and Placements

It is that time of the year where the team finalises class structures and begins the complex task of constructing our classes for 2021. Families are asked to contact the office as soon as possible if circumstances have changed and children will not be continuing their learning with us next year. Our class placement process is included below, for your information and attention (*TPS 2020 Parent Handbook*, p.29)

Decisions regarding class placement for the new school year are made using the following process:

1. Teaching staff will place students in a class group taking into consideration the educational needs of the child, the social & emotional needs of the child, the balance of student abilities within the class group and the balance between boys and girls in each class group.
2. In the first two weeks of November of each school year, parents will be given the opportunity to make a class placement request for their child for the following year. This should be communicated to the Principal either by letter, email or a formal meeting. A class placement request will only be considered on educational grounds, not individual class teacher preferences.
3. After teachers have initially placed students in a class group for the following year, the Principal will review class placements in light of any specific parental requests. Not all class placement requests can be met and ultimately the final decision rests with the Principal.
4. Final class placements are announced in the last week of Term 4. No changes will be made unless an obvious error has occurred.

End of Year Assemblies

Due to COVID Restrictions, this year we are unable to host adult visitors / parents / carers to our End of Year Celebration Assembly, which was previously advertised to held in week 9 of Term 4. We apologise for the disappointment this decision may cause and are looking at new and creative ways that we can share and celebrate the end of the year as a school community. A communication will be sent out to the school community in the near future regarding this event.

The Year 6 Leaver's Assembly will still be held, without dignitaries, and without the younger classes attending due to the current COVID situation. Year 5-6 classes will attend the assembly and Year 6 students will have the opportunity to invite a maximum of 2 adults to attend the event. Information about Year 6 leaver's activities was emailed on Monday to all Year 6 parents. Please contact your child's teacher if you did not receive this information.

TPSA Meeting 13 October 2020

In my Principal Report presented at last week's TPSA Meeting, I thanked Nicholas Dunn, Sophie Dunn, Demelza Rafferty and families who came to the school during the school holidays to redevelop the Kindergarten sandpit and construct a raised garden bed at the Early Childhood entrance to the school. A significant amount of money was saved as a result of their generous donation of time and expertise to this project, and the end products are highly appreciated by staff, students and families.

Please read the Principal Report TPSA Meeting 13 October 2020 V2 for other information including:

- Infrastructure updates
- TPS Levies and Charges Policy 2021
- Year 6 Leadership Session at Kingsborough Sports Centre Thankyou
- Interschool Swimming and Athletics Carnivals
- Out of Area Enrolment Restriction

Student Safety: Riding and Walking to School

Last week, I had a visitor from Year 3-4 come to my office to share a 'scary' event that happened to them whilst riding to school. The student told me that they were

riding on the footpath behind others and there was an unexpected slowing in front. This ended up in a small clash of bikes and the student accidentally ending out on the road. Although not hurt, the student was shaken up and came with a parent to talk with me about what happened. We agreed that it would be useful to share this story in today's newsletter to remind everyone about walking and riding safely to school and to encourage everyone to keep an eye out for others using the paths during busy times.

Have a lovely Show Day holiday tomorrow, Thursday 22 October, and a reminder that Friday 23 October is a Professional Learning Day for staff, therefore students do not attend school. Please contact Lady Gowrie directly if you require care for your children on Friday.

Best wishes

Danielle Bresnehan

Principal

Taroona Awards

Congratulations to the following students who received an award at our last Assembly.

- **Creativity** - Esperance R, Tess L.P, Romy C, Anja M and Bren R
- **Respect** - Aydin A, Esther M, Lucas P and Emma S
- **Resilience** - Violet D, Alexandra W and Raewyn W
- **Collaboration** - Oliver F, Maisie D and Maliyah C
- **Excellence** - Nick D, Xavier S, Will T, Ted J, Finn S, Olive C, Eliza C, Eliza M, Leila E, Sylvie T, Hudson M and Samuel W

Zones of Regulation



In our previous newsletter we explored how our feelings and states determine our Zones. Today's post is focused on **calming tools** to stay in a zone or move from one zone to another. At school, students have their own "tool box" to manage the zone(s) they are in. Here are some examples of tools that can be used.

Lazy 8 Breathing - Deep breathing can be a great tool to help kids calm and regulate their mind and body. Start with the 8 on its side and start in the middle. Go up to the left and trace the left part of the 8 with your finger while you breathe in. When you get to the middle of the 8 again, breathe out while you trace the right part of the 8 with your finger.

Colouring Mandala - Colouring has the ability to relax the fear centre of your brain, the amygdala (Lizard Brain). It induces the same state as meditating by reducing the thoughts of a restless mind.

Fidgets - The idea behind fidget tools is that it provides a sensory experience to increase self-regulation, attention, participation and performance.

Putty/Playdough -The movement and soothing feel of putty can quickly ease kids and adults. It is something that can be physically manipulated for sensory feedback.

Feather Breathing - Rest a single feather in the open palm of your hand, holding it just below the chin. Breathe normally. Watch the feather closely and notice how it moves. You are observing your inhale and exhale as the feather moves.

Stress Balls - When we are stressed, our bodies tense up and we physically clench. A stress ball prompts you to squeeze and release, which can leave you feeling less tense. The benefit of squeezing is that it releases some kind of energy. It also induces you to relax.

For more information: <https://www.zonesofregulation.com/index.html>

e-Safety: Snapchat (13+ minimum Age)

Outside of school, many children in our upper primary classes are using Snapchat, a messaging app that lets you send images, videos or instant text messages to friends. These images, videos and messages are only available for a short period of time once they are opened. You can also use filters on your images and upload photo and video stories that last for 24 hours before they disappear. Businesses and organisations can create their own channels. Content posted to Snapchat is not as temporary as it may appear, as users can save chats or screenshot them without the sender knowing. Adult content can also be accessed

in the app.

The eSafety Commissioner website has a page for parents and carers about Snapchat which covers:

- How people use Snapchat
- How to report online abuse, ask for content to be removed or block someone
- How to protect your personal information
- Key safety tips, including a Parent Guide to Snapchat

More information is available at:
<https://www.esafety.gov.au/key-issues/esafety-guide/snapchat>

CLASSROOM NEWS

2A

This term Grade 2A have been enjoying Nature play at the beach. To launch our Term 4 Inquiry we joined in a 'Water Chaser's' challenge:

- *How deep can you dig do you need to dig to find water?*
- *How will you measure the depth of your hole?*
- *What other parts of your hole that you can measure?*
- *How can we organise our measurements as a class group?*

We worked in small groups to dig our holes and then talked about why some of us reached water quicker than others. We talked about location, the tide and absorption. When we returned to class we added all our measurements together. Our grand total was 450cm!

Please click on the images below for further information.



5-6C

Please click on the link below to see what 5-6 Hughes have been loving about Nature Play.

https://padlet.com/philly_hughes/nature

LAUNCHING INTO LEARNING - Super LiL Term 4

Families are encouraged to come along and join in the fun with special sessions scheduled in Term 4. Click on the flier for full details!



Book Club

Book Club orders for Issue 7 need to be ordered via Loop or payment made to the front office by **Friday 30 October. Please order as soon as possible to ensure that your child does not miss out.**



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TPSA Meeting Processes FINAL

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If you have questions about school uniforms, please contact the Uniform Shop Coordinator, Katie Ferguson via email katieferguson@netspace.net.au

Changes to STAS Eligibility

The Tasmanian Government has announced the expansion of the Student Assistance Scheme (STAS), which waives the cost of Tasmanian Government levies for eligible students, beginning in the 2021 school year.

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A set of *Frequently Asked Questions* has been developed to assist with any questions you may have.

Further questions about STAS or Levies and Charges in general can be sent to the Department of Education's Financial Services Unit at stas@education.tas.gov.au

or by calling 1800 827 055

SCHOOL INFORMATION

Student Absences

A reminder to parents/carers to advise the school office if their child is unable to attend school due to illness or any other reason.

- By phone (6227 8325)
- Email taroonaprimaries@education.tas.gov.au

A medical certificate is required if a child is absent due to illness for 5 days or more.

I NEED TO STAY HOME IF...							
I HAVE A FEVER	I HAVE DIARRHOEA	I AM SICKENING	I HAVE A RASH	I HAVE HEADACHE	I HAVE AN EYE INFECTION	I HAVE A COLD	I HAVE BEEN IN THE HOSPITAL
							
Temperature of 38.5 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	At the back of, or by head	Redness, itching and/or 'watery' discharge from eye	Influenza like symptoms, cough, sneezing, sore	Hospital stay and/or ER visit
I AM READY TO COME BACK TO SCHOOL WHEN I AM...							
Cover from the 24 hours without the use of fever reducing medication	Free from diarrhoea for at least 24-48 hours	Free from vomiting for at least 24 hours	Free from rash/itching or fever or until rash has subsided/ended	Treated with appropriate Rx or treatment at home	Until I have been treated by my doctor and John has cleared	Until I am well again	Referred by my medical practitioner to return to school

Signing Students in/out

To ensure we have an accurate record of student attendance, we ask that any student arriving at school later than 9:00am, or leaving for any reason during the school day, be signed in or out at the school office.

Messages to Students

If you need to get a message to your child, please contact the school before 2:15pm to ensure enough time for us to pass the message on.

Duty of Care

Please note that students are not to arrive before 8:30am. This is for the students' protection and safety as there are no teachers on duty prior to 8:30am and classrooms remain locked until this time. Supervision is provided before and after school:

- Playground (EXCLUDING PLAY WEST & OVAL) 8:30 to 8:55am
- Car park & bus area 2:50 to 3:05pm

LADY GOWRIE



Lady Gowrie Tarooma Before and After School Care operates from the hall each school day from 7:00-8:30 am (Before School Care) and 3:00-6:00 pm (After School Care), catering for children aged 4-12 years. We offer a safe and stimulating environment based on the children's interests incorporating both indoor and outdoor play. We employ trained Educators and provide a nutritious breakfast and afternoon tea each day. Please contact the Lady Gowrie Outside School Hours Care Office on 6230 6806 or email us at oshc@gowrie-tas.com.au for more information.

Please click *here* for the Lady Gowrie Vacation Care Program.



To ensure the safety of our school property, please ring Crime Stoppers if you see anyone acting suspiciously in our school grounds.

MOVE WELL EAT WELL



Number 15: 23 September 2020

COMMUNITY NEWS - [click to open Community News](#)

Excursions - [click for more information](#)

Click *here* to view our Calendar

PRINCIPAL NEWS

Dear Families,

We are almost at the end of an amazing Term of learning here at TPS. Thank you for your patience, support and understanding as we have navigated our return to onsite activities including excursions, assemblies, parent / volunteer programs, debating, the uniform shop re-opening and the return of sushi sales. Children and teachers have relished all opportunities to re-start programs and venture offsite to enjoy new learning beyond the school grounds. We look forward to continuing such opportunities throughout Term 4.

This holiday period will see a lot of activity here, as we begin a range of

maintenance and improvement works across the site. Key projects include:

- Kinder Sandpit Upgrade
- Raised garden bed installation – Prep Classroom Wall (EC entrance)
- Retaining Wall replacement – behind Administration block (Play West pathway)
- Loose Parts Shed installation – EC Playground (near blue court entrance)
- Fence repairs – Play East (oval entrance down to creek)
- Debris removal from the bank behind the Design and Tech Hub, and
- Tree trimming as recommended in our recent arborist report.

Families are asked to restrict their movement across and around the school grounds during this holiday period to ensure the safety of all.

2021 Class Structures and Staffing

From the start of Term 4, we will begin constructing class structures and groupings for 2021, based on student needs and numbers. **If circumstances change and your family will no longer attend TPS in 2021, parents / carers are asked to contact the school as soon as possible.** This information will greatly assist with decision making in this area. Thank you.

I wish everyone a safe, restful and enjoyable holiday break and look forward to welcoming everyone back on Monday 12th October for an exciting Term 4!

Best wishes

Danielle Bresnehan

Principal

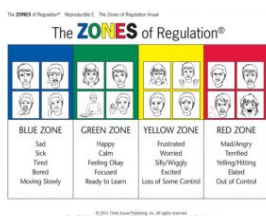
Taroona Awards

Congratulations to the following students who received an award at our last Assembly.

- **Creativity** - Max F, Anabelle A, Cameron U, Cecilia C
- **Respect** - Lilli H.T, Sophia K, Coco W, Reuben D, Noah J,
- **Resilience** - Abi S,
- **Collaboration** - Liam D,

- **Excellence** - Elaine J, Isaac F, Claire B, Livanshi S, Maxim O, Oliver B, Freya M, Luna M, Felicity Y, Lilith F, Sean L Otis B, Ivy M, Lily H-R
- **All 5** - Henry S, Lori C, Emilia W, Saskia C

Zones of Regulation



In our previous newsletter we answered the question: Why Teach the Zones? Today's post is focused on: ***The Four Zones: Our feelings and states determine our Zones.***

The **Red Zone** is used to describe extremely heightened states of alertness and intense emotions. A person may be elated or experiencing anger, rage, devastation, or terror when in the Red Zone.

The **Yellow Zone** is also used to describe a heightened state of alertness and elevated emotions, however one has more control when they are in the Yellow Zone. A person may be experiencing stress, frustration, anxiety, excitement, silliness, the wiggles, or nervousness when in the Yellow Zone.

The **Green Zone** is used to describe a calm state of alertness. A person may be described as happy, focused, content, or ready to learn when in the Green Zone. This is the zone where optimal learning occurs.

The **Blue Zone** is used to describe low states of alertness and down feelings such as when one feels sad, tired, sick, or bored.

The Zones can be compared to traffic signs. When given a green light or in the Green Zone, one is "good to go". A yellow sign means be aware or take caution, which applies to the Yellow Zone. A red light or stop sign means stop, and when one is the Red Zone this often is the case. The Blue Zone can be compared to the rest area signs where one goes to rest or re-energize.

All of the zones are natural to experience, but the framework focuses on teaching students how to recognize and manage their Zone based on the environment and its demands and the people around them. For example, when playing on the playground or in an active/competitive game, students are often experiencing a heightened internal state such as silliness or excitement and are in the Yellow

Zone, but it may not need to be managed. However, if the environment is changed to the library where there are different expectations than the playground, students may still be in the Yellow Zone but have to manage it differently so their behaviour meets the expectations of the library setting.

For more information go to:
<https://www.zonesofregulation.com/learn-more-about-the-zones.html>

STOP WALK TALK: School Holiday Competition for Families

Students from K-6 are learning strategies to support positive social interactions in both classrooms and out in the playground. The simple language of Stop, Walk and Talk is encouraging students to use their own voice, walk away and communicate to teachers. Families may like to support this at home by entering our school holiday competition. Please see below for details.



Growing Up Program: Week 1, Term 4

All classes will be involved in the Growing Up Program during the first week of Term 4.

The Growing up program is Tasmania's leading relationships, sexuality, and protective behaviours program for students from K - 6. The program is age-appropriate and sequential, and addresses:

- staying physically, emotionally and mentally healthy throughout life
- protective behaviours, peer pressure and self-esteem
- creating and maintaining healthy and meaningful relationships

Family Planning Tasmania recommends that students are provided with relationships, sexuality and protective behaviours education each year. The Growing Up Program aims to increase positive communication between parents/carers and their children. Family Planning Tasmania provides a parent/carer information session with every program. This covers the program content and the ways in

which parents can support their child's learning. Family Planning Tasmania also provides parent fact sheets and take home tasks in some year levels. For more information about the content of the program, please click on the link: GUP flyer PDF A4 2019

Our session for parent / carers is scheduled for **Monday 12 October, 8:30am** in the Makerspace. Please sign in at the office prior to attending the session.

For information about talking to your child about relationships, sexuality and puberty visit

http://www.dhhs.tas.gov.au/publichealth/healthy_communities/talk_soon_talk_often

E-Safety: Online Games

Online games can be great fun for your child, but make sure you can help them manage the risks.

Many games can improve your child's coordination, problem-solving and multi-tasking skills, as well as help build social skills through online interactivity with other players. But it is also important to understand what might go wrong and have a negative impact on your child.

The eSafety Commissioner website has a page for parents and carers about gaming which covers:

- How to create a safer gaming environment for your child
- Is your child spending too much time gaming?
- Grooming and bullying through in-game chat

- Limiting in-game purchases
- Games with gambling themes

More information is available at:
<https://www.esafety.gov.au/parents/big-issues/gaming>

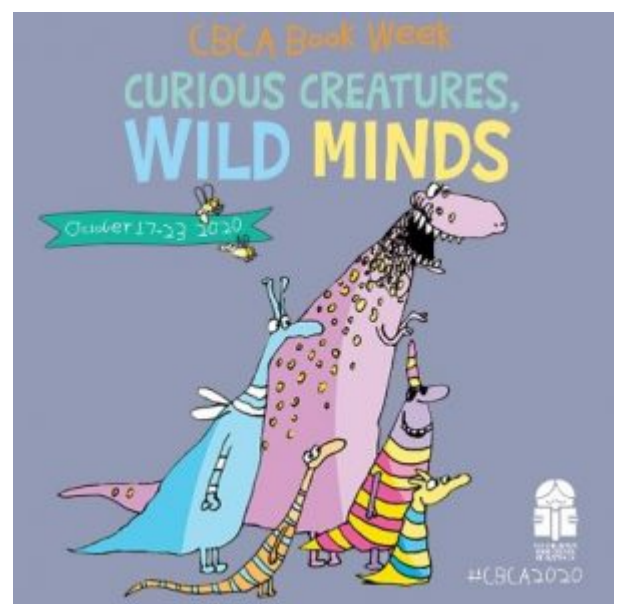
Book Week

SPECIAL 'BOOK WEEK' ANNOUNCEMENT!

Coral Tulloch (local author) has confirmed her visit to TPS during Book Week! Kinder to Yr 2 children and families, please see the special notice attached – you will need to bring a special toy to school for a special adventure!



Don't forget our Book Week Parade – costumes at the ready on Wednesday the 21 October (that's only the 2nd week back after the holidays!!).



Book Week Activities - October 19 - 23

1. Author Visit - Coral Tulloch visiting Tues 20 and Wed 21.

(Kinder - 2 will need to bring a special toy for their Author session on Wed 21)

1. Book Week Parade - Wed 21 at 9.00am in the Quadrangle (children only please - no visitors allowed due to COVID-19 onsite restrictions)
2. Daily 'Guest Teacher' Readings
3. Early Childhood and Primary Inter-class Book Quizzes

We look forward to a fabulous week of celebrating reading and books!

Your Friendly Book Week Organising Committee

CLASSROOM NEWS

French

Please click on the image below for further information.



Indigenous Weather Knowledge

There are 7 indigenous seasons. Different Aboriginal groups categorised seasons differently. The Barrow indigenous people from Victoria had *Arnyung* which was late summer in January to March. It was also wet season. It was the hottest and driest time. They had *gungur merrim* which was autumn in March to May. It was honey bee season. They had *chumny* which was winter in May to July. It was isolation season. They had *larnak* which was pre spring in July to August. It was nesting bird season. They had *pytyen* which was spring from September to November. *Pytyen* was wildflower season and it started to warm up. *Bollomok* was November to January and hot/dry season there was hot dry weather. By Joe and Miles.

Design and Technology

What has been happening in our new Design and Technology Hub? Please click here to see what our classes have been up to!

TOM

Tournament of Minds

What a fabulous time the Tournament of Minds teams have had. Pressure, new friendships, problem solving and the learning of many new skills.

Our 7 teams worked very hard and were able to complete the tasks on time. Their problems were filmed and submitted 2 weeks ago.

We were thrilled to learn that 3 of our Arts teams were successful in achieving Merit awards, the highest award given this year. Congratulations to all 7 teams. Awards and certificates will be awarded at the first assembly in Term 4. There will be further information in the next newsletter.

LAUNCHING INTO LEARNING - Super LiL Term 4

Families are encouraged to come along and join in the fun with special sessions scheduled in Term 4. Click on the flier for full details!





TPSA NEWS

Please find below links to documents from the most recent TPSA Meetings:

DRAFT TPSA Meeting Minutes 010920

TPSA Minutes 1 September 2020 (Draft)

TPSA minutes 18 August 2020 Final

Principal Report TPSA Meeting 4 August 2020

Please send all enquiries / correspondence to TPSAenquiry@gmail.com

UNIFORM SHOP NEWS

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MOVE WELL EAT WELL

Number 14: 9 September 2020

COMMUNITY NEWS - [click to open Community News](#)

[Excursions](#) - [click for more information \(5-6\)](#)

[Click here](#) to view our Calendar

PRINCIPAL NEWS

Dear Families,

There are so many wonderful learning opportunities happening at the moment across all year levels: offsite excursions, the Tournament of Minds competition, our Royal Yacht Club of Tasmania Art collaboration with Robi Glimar as well as the Year 3-4 Genius Hour inquiries... Mix in 5-6 Winter Sports, preparations for this week's Music Assembly and creative



activities such as the Prep students making “cleaning machines” this morning, and we have engaged and excited children, buzzing with energy and enthusiasm! Check out our Tarooma Primary School Facebook page for photos and information on all of the activities happening across the school.

Last Saturday, I had the pleasure of attending the 2020 Young Archies Awards presentation to see Iris De La Motte selected as Year 1-2 Category winner and Otis Blyth awarded Highly Commended for Kinder-Prep. Congratulations to both Iris and Otis on their awards. If you would like to see all of the entries, they are now on display at Hobart Library (1st floor) until Saturday 19th September or you can visit the online galleries via the Department of Education Website.

A few reminders for this week:

- In line with our TPS SunSmart and School Dress Code and Uniform policies, students are required to wear **School Hats** from 1 September until 30 April. No caps or non-school hats are allowed please. Students without appropriate hats will be directed to play in shaded areas.
- Friday Music Assembly - visitor numbers are capped at 50 and places have now been filled. We will endeavour to record and upload musical items online for parents to access, taking into account media permissions for participating students.
- Friday 11 September is National Walk Safely to School Day.

Best wishes

Danielle Bresnehan

Principal

Zones of Regulation



In our previous newsletter we provided a brief outline of the Zones, our school-wide approach to teaching self-regulation. Today's post is focused on: **Why teach the Zones?**

1. **Learn new emotions and emotional vocabulary** - the Zones framework provides a common language for students to describe how

they and others are feeling.

2. **Recognise personal triggers** – we assist students to understand their triggers in order to help them have more control e.g. by avoiding triggers or catching themselves before they react.
3. **Identify personal tools for managing each zone** – we teach a range of different options so that students can begin to find tools that work for them to manage each of their zones e.g. deep breaths, walking, having a drink of water, taking a break.
4. **Gain self-regulation skills** – by teaching the students to recognise their triggers and tools it gives them a sense of control over their emotions so that they are better able to regulate.

For more information go to:
<https://www.zonesofregulation.com/learn-more-about-the-zones.html>

E-Smart Week



All students in Years 3-6 participated in an e-safety webinar on Monday as part of National e-Smart Week.

Students explored the concepts of privacy and personal information as well as learned strategies and skills to secure their online accounts.

During the presentation, students were asked: ***Have you had a stranger contact you on the internet?***

36% of Year 3-4 students and 64% of Year 5-6 students reported that they had been contacted by strangers via a range of online platforms including:

- Pop-up chat messages on websites
- Online games e.g. Roblox, Beyblade

- Minecraft – through admin or friend requests
- Messenger
- Play Station 4
- Fortnite chat
- Email
- Instagram
- Snapchat
- TicToc
- FaceTime
- Discord

Some students in the older grades also talked about being added to online groups which include their friends, but also people they didn't know.

National e-Smart week provides another opportunity for families to talk at home about being safe online and identify who and where children can go to for help and support. Teachers will continue to work with students in this important area of safety and responsible use of internet resources. More information is available at: <https://www.esafety.gov.au/kids>

CLASSROOM NEWS

1-2 Oldfield/Broadbent

1-2OB recently went on an exciting excursion to Salamanca and Battery Point. Please click on the image below for further information.

ECE Excursion By I-2A

In 1-2A we wrote a recount of our exciting excursion to Salamanca and Battery Point. We brainstormed the different verbs, nouns and adjectives we could use and included as many as possible in our recount. Please enjoy reading snippets about our excursion.



3-4 Parry

3-4P have been working on creating their own 'Choose Your Own Adventure Books'. Please click on the image below for further information.



After reading our class novel - Break Your Chains by Emily Conolan, Grade 3/4P was inspired to write their own 'Choose Your Own Adventure' books.

The students worked hard to create interesting storylines with a selection of unique endings. We thoroughly enjoyed sharing them with our buddy class and each other.



Grade 3/4P sharing 'Choose Your Own Adventure' books with their buddy class Prep 1DV



Taroona Awards

Congratulations to the following students who received an award at our last Assembly.

- **Creativity** - Mia P
- **Respect** - Marc E, Ethan B, Oakley B & Ruby M
- **Resilience** - Pierre M, Alex A & Michael E

- **Collaboration** - Molly R
- **Excellence** - Miles B, Alexandra D, Beth H, Xander B, Millie U, Tess B, Eliza M, Jonte M, Chloe N, Alexander N, Steven Y, Remy C, Silas G-K & Addison B
- **All 5** - Madeline H, Oliver P, Isla B, Scarlett G & Olivia H

Walk Safely to School Day

WE'RE TAKING IT IN OUR STRIDE ON FRIDAY 11 SEPTEMBER 2020

Well it's that time of year again when our school seriously starts talking about walking!



Walk Safely to School Day asks that we all consider our transport habits and try to incorporate more walking as part of a healthy, active way to get around. And although walking all the way to school isn't realistic for many of us, it's quite easy to figure out how you can build a walk into your family's daily routine.

You can teach your child the healthy habit of walking more by:

- Walking with them the whole way to school
- If you have to drive, park the car a few blocks away from the school and walk the rest of the way.

Regular exercise like walking with your child not only helps them (and you!) beat chronic problems like obesity, heart disease, behavioural and mental health issues and diabetes. It also gives you a great opportunity to teach your child safe ways to behave around roads and traffic. There will be **no** fruit handed out this walk to

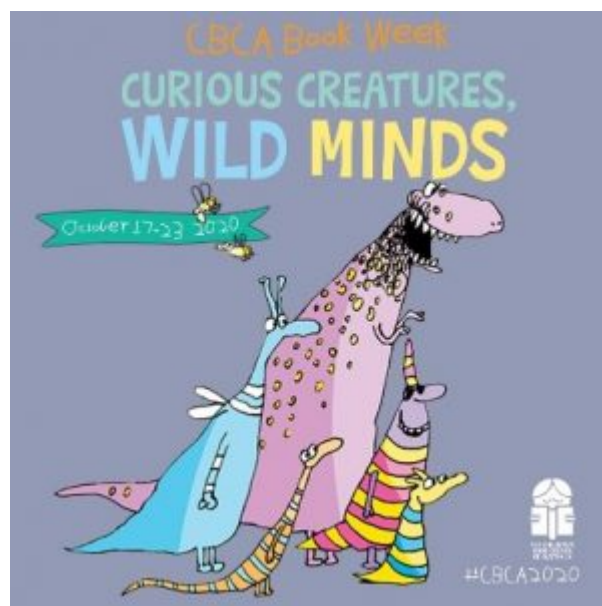
school day. Just let your teacher know how you travelled to school in your classroom.

Happy Walking!

Book Week

Having a spring clean?

Looking for a bit of holiday crafting fun?



Dust off the sewing machine! Rummage in the dress up box! Borrow Grandpa's old tweed hat! It's time for the annual TPS Book Week Book Parade. Children are invited to dress as their favourite book character on Wednesday the 21st of October at 9am in the Quadrangle!

We can't wait to see what you come up with! Keep an eye out for other fun activities to celebrate Book Week at TPS.

Your friendly Book Week Committee

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LAUNCHING INTO LEARNING

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TPSA NEWS

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Principal Report TPSA Meeting 4 August 2020

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Temperature of 38.0 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Active headache, 3x by head	Redness, itching and/or 'crusty' discharge from eye	Influenza like symptoms, cough, runny nose	Hospital stay and/or 19 visit
I AM READY TO COME BACK TO SCHOOL WHEN I AM...							
Colder than for 24 hours without the use of fever reducing medication	Free from diarrhoea for at least 24-48 hours	Free from vomiting for at least 24 hours	Free from rash/itching or fever or antibiotic has finished/started	Treated with appropriate Rx treatment at home	Child's eye has been treated by my doctor and infection cleared	Well I am well again	Referred by my medical provider to return to school

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School Hours Care Office on 6230 6806 or email us at oshc@gowrie-tas.com.au for more information.

Please click [here](#) for the Lady Gowrie Vacation Care Program.



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MOVE WELL EAT WELL



Number 13: 26 August 2020

COMMUNITY NEWS - [click to open Community News](#)

Excursions – [click for more information \(5-6\)](#)

Click [here](#) to view our Calendar

PRINCIPAL NEWS

Dear Families,

Exciting learning opportunities continue to engage and motivate our students during this winter term. How wonderful are the Young Archie's artworks this year? Congratulations to all of the students who submitted an entry and to the finalists who have been selected by Deborah Gataric and Aaron Hutchins (Art teachers from THS), to represent the school in the statewide competition for 2020. Please click [here](#) to view the 2020 Young Archie's portraits.



Year 5-6 Debating started last week at Bellerive Primary School, with students preparing arguments for and against the topic "Learning at Home was Better than Learning at School During Term 2". Both TPS teams were congratulated by the adjudicator for their clear speaking voices and engaging presentations. Next Monday the teams head to Princes Street Primary School for their second round of debates.



As part of their 'Olden Days Inquiry', Prep-Year 2 classes ventured out on Monday for their first offsite excursion this year. Although the weather was little damp in the afternoon, all children and accompanying adults enjoyed a wonderful day exploring the streets of Salamanca and Battery Point, investigating the Princes Park Battery and visiting the Community Hall.



A few reminders:

- **Visitors for Assemblies** - visitor numbers are capped at 50 adults maximum for each assembly and registration must be completed online prior to attending. Visitors are asked to arrive from 1:35pm to complete the safety screening prior to entering the GP Room for a 1:50pm start.
- **Road Safety** - please talk to your child about using pathways and

designated crossings when walking to and from school. Children should avoid walking through car parks, especially at peak times.

- **School Dress Code and Uniform Policy** - It is a legislative requirement that all students must wear our TPS endorsed school uniform everyday. 'TPS Leavers' Hoodies are part of the TPS endorsed school uniform for Year 6 students only. Please refer to the TPSA endorsed policy available via this link or visit the Parent Handbook section of the school website to download copies of all updated policies and procedures.
- **Move Well Eat Well** - We have noticed a significant increase in the amount of plastic wrap and plastic wrappers in lunchboxes this term. Please support the school in decreasing the amount of waste going into landfill by considering nude food alternatives in lunchboxes wherever possible.

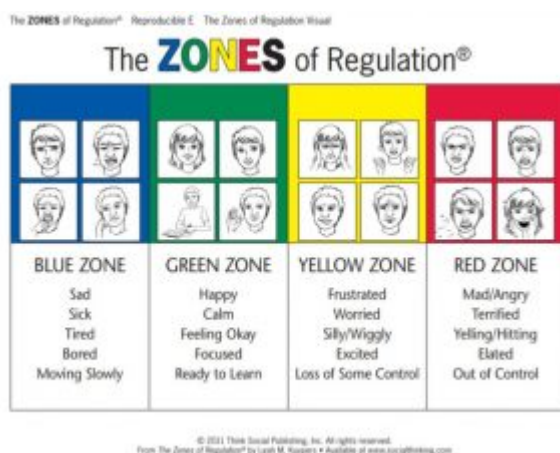
Next Tuesday from 7pm the TPSA Meets for their September meeting. Please join us onsite or via Zoom by registering your interest to tpsaenquiry@gmail.com. More details from Simona below.

Best wishes

Danielle Bresnehan

Principal

Zones of Regulation



The Zones of Regulation is the approach we use, Kindergarten- Year 6, to teach self-regulation. Using the Zones framework, we teach children about all the different ways we feel. We also group the states of alertness we experience into four concrete coloured zones. The Zones framework provides strategies to teach students to become more aware of and

independent in controlling their emotions and impulses, manage their sensory needs, and improve their ability to problem solve conflicts.

Information about The Zones will be included in future newsletters, to help

families understand more about the framework and how it can be used at home as well as at school to support children in their self-regulation and emotional control. More information can be accessed at: <https://www.zonesofregulation.com/learn-more-about-the-zones.html>

STAS Eligibility Changes



The Tasmanian Government has announced the expansion of the Student Assistance Scheme (STAS), which waives the cost of Tasmanian Government levies for eligible students, for the 2021 school year onwards.

The eligibility for STAS will move to using the Health Care Card or equivalent as the assessment mechanism, replacing previous income thresholds that applied.

A set of *Frequently Asked Questions* has been developed to assist with any questions you may have.

Further questions about STAS or Levies and Charges in general can be sent to the Department of Education's Financial Services Unit at stas@education.tas.gov.au or by calling 1800 827 055.

KINDERGARTEN 2021 ENROLMENTS

Please ensure your 4-year old child is enrolled for Kindergarten in 2021. Out of area enrolment enquiries continue to be received, and we must ensure all children living in our catchment area are offered a place before the end of Term 3, 2020 and prior to out of area places being considered.

Contact the school as soon as possible to complete your in-area application form and secure a place for your child. Phone: 6227 8325 | Email: taroona.primary@education.tas.gov.au

The E-Safety Guide



Learn about the latest games, apps and social media, including how to protect your information and report inappropriate content.

<https://www.esafety.gov.au/key-issues/esafety-guide>

CLASSROOM NEWS

1-2 Glover

1-2B have been swimming! Please click on the image below for further information.



5-6 Clark/ Cato

Our new continent – Totouro

When we returned to our classrooms after home learning, we wanted to do something to bring us all back together. So we discovered our own continent, and worked together to bring it to life. Please click [here](#) to view the PowerPoint that we recently shared in Assembly.

TAROONA HIGH SCHOOL VIRTUAL TOURS

Taroona High School are offering virtual tours of their school for Year 6 families. Please click on the link below to access.

<https://taroonahigh.education.tas.edu.au/virtual-tours>

ENTERTAINMENT BOOK



The Entertainment Book has gone digital!

Previously, Taroona Primary School has sold hard copy Entertainment Books. The Entertainment Book is only available in a digital format now. Please click *here* if you wish to purchase a digital copy.

LAUNCHING INTO LEARNING

Families are encouraged to come along and join in the fun on Thursday mornings, 9:15 – 11:00 am in the Kindergarten.



TPSA NEWS

Dear Parents and Carers,

Welcome to the new TPSA Committee members, Hugh Kerr and Narelle Pullinger. Hugh and Narelle are the TPSA Committee's Deputy Chairperson and Secretary respectively. We are delighted to have you on board! Thank you for joining and for taking on officeholder roles.

Committee Vacancies

There are positions available on the Committee for parents and carers of children at the School. You can make a valuable contribution to your child's education experience through this forum - please do not hesitate to reach out if you are interested in joining.

The Next TPSA Meeting

The next meeting will be held on Tuesday, September 1 from 7-9pm in the TPS Staffroom or via zoom. Email TPSAenquiry@gmail.com for details. We will be putting pen to paper to flesh out how the TPSA can effectively support the School.

To do this we will focus on:

- ? how can we raise \$\$\$
- ? how should we spend \$\$\$

If you would like a say, come along!

Best,

Simona Timmins

Chair, TPSA

TPSAenquiry@gmail.com

UNIFORM SHOP NEWS

The TPS Uniform Shop has re-opened, with new operating hours from **2:30pm to 3:15pm.**

Covid-19 Rules for the Uniform Shop

The Uniform Shop is located directly underneath the staff room, accessible via the Early Childhood Playground and the Quadrangle.

The shop is small with limited room to move around, so it is important we adhere to the current Covid-19 advice and ask that visitors follow the social distancing and hygiene measures in place at the school for visitors, parents and carers.

ONLY two customers at a time are allowed in the shop, maintaining a physical distancing of 1.5 metres. A hand-sanitising station will be placed at the entrance of the shop and all customers must use this prior to entering.

We kindly ask that customers be considerate of others waiting outside so please keep browsing time to a minimum. The shop doors **will close at 3:15pm sharp.**

Uniform Ordering

We encourage parents to order online via the QKR! App. Click **here** for instructions.

All orders received via QKR by 11am on Thursdays **will have their order ready**

for collection at the School Office on Friday mornings. QKR is the preferred method to order uniforms at this time. Please note, no cash will be accepted in the Uniform Shop - only EFTPOS payments until further notice.

Second-Hand Clothing

The second-hand clothing racks will be on display inside the uniform shop for purchasing. Second hand uniform purchases are very popular so please be mindful of the time spent viewing the racks. We will do our best to serve everyone.

Second-hand clothing donations are very welcome, these can be dropped into the School Office during office hours.

Uniform Item and Price Lists

Please click [here](#) for the current list of uniform items.

Please click [here](#) for the order form (manual processing) and price list.

Thank you for your patience with the current process for purchasing uniforms.

If you have questions about school uniforms, please contact Katie Ferguson.
katieferguson@netspace.net.au

SCHOOL INFORMATION

Student Absences

A reminder to parents/carers to advise the school office if their child is unable to attend school due to illness or any other reason.

- By phone (6227 8325)
- Email taroona.primary@education.tas.gov.au

A medical certificate is required if a child is absent due to illness for 5 days or more.

I NEED TO STAY HOME IF...							
I HAVE A FEVER	I HAVE DIARRHOEA	I AM SICKENING	I HAVE A RASH	I HAVE HEADACHE	I HAVE AN EYE INFECTION	I HAVE A COLD	I HAVE BEEN IN THE HOSPITAL
							
Temperature of 38.0 or higher	Within the past 24 hours	Within the past 24 hours	Body rash with itching or fever	Active headache, 3x by head	Redness, itching and/or 'crusty' discharge from eye	Influenza like symptoms, cough, runny nose	Hospital stay and/or 18 days
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